
































Essex, MA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:51	9.8	10:21	9.0	3:49	1.0	4:23	0.4	6:17	4:36	
2	Mon	10:30	10.2	11:03	9.1	4:34	0.9	5:11	0.0	6:18	4:34	
3	Tue	11:09	10.6	11:46	9.2	5:19	0.7	5:57	-0.3	6:19	4:33	
4	Wed	11:51	10.9			6:05	0.6	6:44	-0.5	6:21	4:32	
5	Thu	12:31	9.2	12:35	11.0	6:51	0.6	7:33	-0.6	6:22	4:31	
6	Fri	1:18	9.2	1:23	10.9	7:40	0.7	8:23	-0.5	6:23	4:29	
7	Sat	2:10	9.1	2:16	10.7	8:32	0.8	9:15	-0.4	6:24	4:28	
8	Sun	3:05	9.1	3:13	10.4	9:27	0.9	10:10	-0.2	6:26	4:27	
9	Mon	4:05	9.0	4:16	10.0	10:25	1.0	11:07	0.1	6:27	4:26	
10	Tue	5:08	9.1	5:23	9.7	11:26	1.0			6:28	4:25	
11	Wed	6:13	9.3	6:33	9.5	12:06	0.2	12:31	0.9	6:29	4:24	
12	Thu	7:15	9.7	7:40	9.4	1:05	0.3	1:35	0.6	6:31	4:23	
13	Fri	8:12	10.0	8:40	9.4	2:01	0.3	2:38	0.3	6:32	4:22	
14	Sat	9:05	10.4	9:35	9.3	2:55	0.3	3:37	0.0	6:33	4:21	
15	Sun	9:54	10.6	10:26	9.3	3:46	0.4	4:31	-0.2	6:34	4:20	
16	Mon	10:39	10.7	11:13	9.2	4:33	0.5	5:19	-0.3	6:36	4:19	
17	Tue	11:22	10.7	11:57	9.0	5:17	0.7	6:03	-0.2	6:37	4:18	
18	Wed			12:01	10.5	5:59	0.9	6:43	-0.1	6:38	4:18	
19	Thu	12:39	8.8	12:39	10.3	6:40	1.1	7:23	0.1	6:39	4:17	
20	Fri	1:20	8.6	1:18	10.0	7:22	1.3	8:03	0.4	6:41	4:16	
21	Sat	2:01	8.4	1:58	9.7	8:04	1.5	8:43	0.7	6:42	4:15	
22	Sun	2:42	8.3	2:40	9.3	8:48	1.7	9:26	0.9	6:43	4:15	
23	Mon	3:25	8.2	3:25	9.0	9:34	1.8	10:10	1.2	6:44	4:14	
24	Tue	4:10	8.1	4:14	8.6	10:23	2.0	10:57	1.4	6:45	4:13	
25	Wed	4:58	8.1	5:07	8.3	11:16	2.0	11:46	1.5	6:47	4:13	
26	Thu	5:49	8.3	6:05	8.1			12:13	2.0	6:48	4:12	
27	Fri	6:42	8.6	7:05	8.0	12:37	1.6	1:10	1.7	6:49	4:12	
28	Sat	7:33	8.9	8:03	8.1	1:29	1.5	2:07	1.4	6:50	4:11	
29	Sun	8:23	9.4	8:58	8.2	2:20	1.4	3:03	0.9	6:51	4:11	
30	Mon	9:12	9.9	9:51	8.5	3:12	1.2	3:57	0.4	6:52	4:11	