US HARBORS www.USHarbors.com

Essex, MA - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:59	10.4	10:41	8.8	4:03	1.0	4:49	-0.1	6:53	4:10	
2	Wed	10:46	10.8	11:30	9.1	4:53	0.7	5:39	-0.6	6:54	4:10	
3	Thu	11:34	11.1			5:44	0.5	6:28	-0.9	6:55	4:10	
4	Fri	12:18	9.3	12:23	11.3	6:34	0.3	7:18	-1.1	6:56	4:10	
5	Sat	1:08	9.5	1:14	11.2	7:25	0.2	8:08	-1.1	6:57	4:09	
6	Sun	2:00	9.5	2:07	11.0	8:18	0.2	8:59	-1.0	6:58	4:09	
7	Mon	2:54	9.6	3:04	10.6	9:12	0.2	9:50	-0.7	6:59	4:09	
8	Tue	3:50	9.6	4:03	10.1	10:08	0.4	10:43	-0.4	7:00	4:09	
9	Wed	4:48	9.6	5:06	9.6	11:08	0.6	11:38	0.0	7:01	4:09	
10	Thu	5:48	9.7	6:12	9.1			12:11	0.7	7:02	4:09	
11	Fri	6:49	9.8	7:17	8.8	12:35	0.3	1:16	0.7	7:03	4:09	
12	Sat	7:47	9.9	8:19	8.6	1:31	0.6	2:21	0.6	7:04	4:09	
13	Sun	8:42	10.1	9:16	8.5	2:26	0.8	3:23	0.4	7:04	4:10	
14	Mon	9:33	10.2	10:09	8.5	3:18	1.0	4:18	0.2	7:05	4:10	
15	Tue	10:20	10.2	10:57	8.5	4:08	1.1	5:06	0.1	7:06	4:10	
16	Wed	11:03	10.2	11:40	8.5	4:53	1.1	5:47	0.1	7:07	4:10	
17	Thu	11:42	10.2			5:36	1.1	6:24	0.1	7:07	4:11	
18	Fri	12:20	8.5	12:19	10.1	6:16	1.2	7:00	0.1	7:08	4:11	
19	Sat	12:58	8.5	12:55	9.9	6:57	1.2	7:36	0.3	7:08	4:11	
20	Sun	1:34	8.5	1:32	9.7	7:37	1.2	8:14	0.4	7:09	4:12	
21	Mon	2:10	8.4	2:10	9.5	8:19	1.3	8:53	0.6	7:09	4:12	
22	Tue	2:46	8.5	2:51	9.2	9:03	1.4	9:33	0.8	7:10	4:13	
23	Wed	3:25	8.5	3:34	8.8	9:49	1.5	10:15	1.0	7:10	4:13	
24	Thu	4:07	8.6	4:21	8.4	10:39	1.6	11:01	1.2	7:11	4:14	
25	Fri	4:54	8.7	5:14	8.0	11:33	1.7	11:51	1.4	7:11	4:15	
26	Sat	5:45	8.8	6:13	7.8			12:32	1.6	7:11	4:15	
27	Sun	6:41	9.1	7:17	7.7	12:45	1.5	1:32	1.4	7:12	4:16	
28	Mon	7:39	9.4	8:21	7.8	1:41	1.5	2:32	1.0	7:12	4:17	
29	Tue	8:37	9.8	9:23	8.1	2:38	1.3	3:31	0.4	7:12	4:17	
30	Wed	9:34	10.3	10:20	8.6	3:35	1.0	4:27	-0.2	7:12	4:18	
31	Thu	10:28	10.8	11:13	9.3	4:31	0.6	5:21	-0.8	7:13	4:19	