

































Essex, MA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:21	11.4			5:25	0.0	6:10	-1.4	7:13	4:20	
2	Sat	12:03	9.7	12:12	11.6	6:17	-0.4	6:59	-1.7	7:13	4:21	
3	Sun	12:53	10.0	1:03	11.6	7:09	-0.6	7:48	-1.7	7:13	4:22	
4	Mon	1:43	10.2	1:55	11.3	8:01	-0.7	8:36	-1.5	7:13	4:23	
5	Tue	2:34	10.3	2:48	10.8	8:54	-0.5	9:25	-1.2	7:13	4:24	
6	Wed	3:26	10.3	3:43	10.1	9:48	-0.2	10:14	-0.7	7:13	4:25	
7	Thu	4:20	10.1	4:41	9.4	10:44	0.2	11:06	-0.1	7:12	4:26	
8	Fri	5:17	9.9	5:43	8.7	11:45	0.6			7:12	4:27	
9	Sat	6:17	9.7	6:48	8.2	12:00	0.5	12:49	0.9	7:12	4:28	
10	Sun	7:17	9.5	7:52	8.0	12:57	0.9	1:57	1.0	7:12	4:29	
11	Mon	8:16	9.5	8:52	7.9	1:54	1.2	3:03	0.9	7:11	4:30	
12	Tue	9:10	9.5	9:47	8.0	2:50	1.4	4:02	0.7	7:11	4:31	
13	Wed	10:00	9.6	10:36	8.1	3:42	1.4	4:48	0.6	7:11	4:32	
14	Thu	10:45	9.7	11:19	8.3	4:30	1.3	5:26	0.4	7:10	4:33	
15	Fri	11:25	9.8	11:57	8.4	5:13	1.2	6:00	0.3	7:10	4:34	
16	Sat			12:01	9.8	5:53	1.0	6:34	0.3	7:09	4:36	
17	Sun	12:32	8.5	12:35	9.8	6:33	0.9	7:08	0.3	7:09	4:37	
18	Mon	1:05	8.6	1:09	9.7	7:13	0.8	7:44	0.3	7:08	4:38	
19	Tue	1:36	8.7	1:43	9.5	7:54	0.8	8:21	0.4	7:08	4:39	
20	Wed	2:09	8.9	2:21	9.2	8:36	0.8	9:00	0.6	7:07	4:40	
21	Thu	2:46	9.0	3:02	8.9	9:20	1.0	9:40	0.8	7:06	4:42	
22	Fri	3:26	9.1	3:47	8.5	10:08	1.1	10:24	1.0	7:06	4:43	
23	Sat	4:11	9.1	4:38	8.1	11:00	1.3	11:14	1.3	7:05	4:44	
24	Sun	5:03	9.2	5:36	7.8	11:59	1.3			7:04	4:45	
25	Mon	6:01	9.2	6:42	7.7	12:10	1.4	1:01	1.2	7:03	4:47	
26	Tue	7:04	9.5	7:51	7.8	1:10	1.4	2:03	0.8	7:02	4:48	
27	Wed	8:09	9.9	8:58	8.3	2:11	1.1	3:05	0.3	7:01	4:49	
28	Thu	9:13	10.4	9:58	8.9	3:12	0.7	4:04	-0.3	7:00	4:51	
29	Fri	10:12	10.9	10:53	9.5	4:11	0.1	4:58	-1.0	7:00	4:52	
30	Sat	11:07	11.4	11:44	10.1	5:07	-0.4	5:49	-1.4	6:59	4:53	
31	Sun	11:59	11.6			6:00	-0.9	6:38	-1.7	6:58	4:55	