US HARBORS www.USHarbors.com

Essex, MA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**11:21**	11.4			**5:25**	0.0	**6:10**	-1.4	7:13	4:20	
2	Sat	**12:03**	9.7	**12:12**	11.6	**6:17**	-0.4	**6:59**	-1.7	7:13	4:21	
3	Sun	**12:53**	10.0	**1:03**	11.6	**7:09**	-0.6	**7:48**	-1.7	7:13	4:22	
4	Mon	**1:43**	10.2	**1:55**	11.3	**8:01**	-0.7	**8:36**	-1.5	7:13	4:23	
5	Tue	**2:34**	10.3	**2:48**	10.8	**8:54**	-0.5	**9:25**	-1.2	7:13	4:24	
6	Wed	**3:26**	10.3	**3:43**	10.1	**9:48**	-0.2	**10:14**	-0.7	7:13	4:25	
7	Thu	**4:20**	10.1	**4:41**	9.4	**10:44**	0.2	**11:06**	-0.1	7:12	4:26	
8	Fri	**5:17**	9.9	**5:43**	8.7	**11:45**	0.6			7:12	4:27	
9	Sat	**6:17**	9.7	**6:48**	8.2	**12:00**	0.5	**12:49**	0.9	7:12	4:28	
10	Sun	**7:17**	9.5	**7:52**	8.0	**12:57**	0.9	**1:57**	1.0	7:12	4:29	
11	Mon	**8:16**	9.5	**8:52**	7.9	**1:54**	1.2	**3:03**	0.9	7:11	4:30	
12	Tue	**9:10**	9.5	**9:47**	8.0	**2:50**	1.4	**4:02**	0.7	7:11	4:31	
13	Wed	**10:00**	9.6	**10:36**	8.1	**3:42**	1.4	**4:48**	0.6	7:11	4:32	
14	Thu	**10:45**	9.7	**11:19**	8.3	**4:30**	1.3	**5:26**	0.4	7:10	4:33	
15	Fri	**11:25**	9.8	**11:57**	8.4	**5:13**	1.2	**6:00**	0.3	7:10	4:34	
16	Sat			**12:01**	9.8	**5:53**	1.0	**6:34**	0.3	7:09	4:36	
17	Sun	**12:32**	8.5	**12:35**	9.8	**6:33**	0.9	**7:08**	0.3	7:09	4:37	
18	Mon	**1:05**	8.6	**1:09**	9.7	**7:13**	0.8	**7:44**	0.3	7:08	4:38	
19	Tue	**1:36**	8.7	**1:43**	9.5	**7:54**	0.8	**8:21**	0.4	7:08	4:39	
20	Wed	**2:09**	8.9	**2:21**	9.2	**8:36**	0.8	**9:00**	0.6	7:07	4:40	
21	Thu	**2:46**	9.0	**3:02**	8.9	**9:20**	1.0	**9:40**	0.8	7:06	4:42	
22	Fri	**3:26**	9.1	**3:47**	8.5	**10:08**	1.1	**10:24**	1.0	7:06	4:43	
23	Sat	**4:11**	9.1	**4:38**	8.1	**11:00**	1.3	**11:14**	1.3	7:05	4:44	
24	Sun	**5:03**	9.2	**5:36**	7.8	**11:59**	1.3			7:04	4:45	
25	Mon	**6:01**	9.2	**6:42**	7.7	**12:10**	1.4	**1:01**	1.2	7:03	4:47	
26	Tue	**7:04**	9.5	**7:51**	7.8	**1:10**	1.4	**2:03**	0.8	7:02	4:48	
27	Wed	**8:09**	9.9	**8:58**	8.3	**2:11**	1.1	**3:05**	0.3	7:01	4:49	
28	Thu	**9:13**	10.4	**9:58**	8.9	**3:12**	0.7	**4:04**	-0.3	7:00	4:51	
29	Fri	**10:12**	10.9	**10:53**	9.5	**4:11**	0.1	**4:58**	-1.0	7:00	4:52	
30	Sat	**11:07**	11.4	**11:44**	10.1	**5:07**	-0.4	**5:49**	-1.4	6:59	4:53	
31	Sun	**11:59**	11.6			**6:00**	-0.9	**6:38**	-1.7	6:58	4:55	