US HARBORS www.USHarbors.com

Essex, MA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**11:43**	11.3			**5:42**	-1.2	**6:14**	-1.4	6:18	5:32	
2	Tue	**12:10**	10.9	**12:33**	11.2	**6:34**	-1.4	**7:00**	-1.4	6:16	5:33	
3	Wed	**12:57**	11.0	**1:22**	10.8	**7:24**	-1.3	**7:46**	-1.1	6:15	5:34	
4	Thu	**1:44**	11.0	**2:11**	10.2	**8:14**	-1.0	**8:32**	-0.6	6:13	5:36	
5	Fri	**2:33**	10.6	**3:02**	9.6	**9:05**	-0.4	**9:18**	0.0	6:11	5:37	
6	Sat	**3:22**	10.2	**3:54**	8.9	**9:56**	0.2	**10:06**	0.6	6:10	5:38	
7	Sun	**4:14**	9.6	**4:50**	8.3	**10:49**	0.8	**10:57**	1.2	6:08	5:39	
8	Mon	**5:10**	9.1	**5:51**	7.9	**11:46**	1.3	**11:52**	1.7	6:06	5:41	
9	Tue	**6:12**	8.8	**6:54**	7.7			**12:48**	1.6	6:05	5:42	
10	Wed	**7:15**	8.6	**7:53**	7.7	**12:50**	1.9	**1:49**	1.7	6:03	5:43	
11	Thu	**8:14**	8.7	**8:47**	7.9	**1:47**	1.9	**2:45**	1.6	6:01	5:44	
12	Fri	**9:07**	8.9	**9:35**	8.2	**2:42**	1.7	**3:33**	1.4	5:59	5:45	
13	Sat	**9:54**	9.1	**10:18**	8.5	**3:32**	1.4	**4:14**	1.1	5:58	5:46	
14	Sun	**11:36**	9.3	**11:56**	8.8	**5:19**	1.0	**5:52**	0.9	6:56	6:48	
15	Mon			**12:14**	9.4	**6:02**	0.7	**6:29**	0.8	6:54	6:49	
16	Tue	**12:29**	9.1	**12:49**	9.4	**6:44**	0.4	**7:06**	0.6	6:52	6:50	
17	Wed	**1:00**	9.3	**1:22**	9.4	**7:26**	0.2	**7:44**	0.6	6:51	6:51	
18	Thu	**1:30**	9.6	**1:56**	9.3	**8:07**	0.2	**8:23**	0.7	6:49	6:52	
19	Fri	**2:04**	9.7	**2:33**	9.1	**8:50**	0.2	**9:03**	0.8	6:47	6:53	
20	Sat	**2:43**	9.9	**3:15**	8.9	**9:34**	0.3	**9:46**	0.9	6:45	6:55	
21	Sun	**3:26**	9.9	**4:02**	8.7	**10:22**	0.4	**10:33**	1.1	6:44	6:56	
22	Mon	**4:14**	9.9	**4:54**	8.6	**11:13**	0.6	**11:25**	1.2	6:42	6:57	
23	Tue	**5:09**	9.8	**5:52**	8.4			**12:09**	0.7	6:40	6:58	
24	Wed	**6:10**	9.7	**6:57**	8.4	**12:23**	1.3	**1:10**	0.7	6:38	6:59	
25	Thu	**7:18**	9.7	**8:05**	8.7	**1:26**	1.1	**2:12**	0.6	6:37	7:00	
26	Fri	**8:29**	9.9	**9:11**	9.2	**2:29**	0.8	**3:13**	0.3	6:35	7:02	
27	Sat	**9:36**	10.2	**10:10**	9.8	**3:32**	0.3	**4:12**	-0.1	6:33	7:03	
28	Sun	**10:37**	10.5	**11:05**	10.4	**4:32**	-0.2	**5:07**	-0.4	6:31	7:04	
29	Mon	**11:33**	10.7	**11:56**	10.8	**5:30**	-0.7	**5:58**	-0.7	6:30	7:05	
30	Tue			**12:25**	10.7	**6:24**	-1.1	**6:47**	-0.7	6:28	7:06	
31	Wed	**12:44**	11.1	**1:14**	10.6	**7:16**	-1.2	**7:33**	-0.6	6:26	7:07	