US HARBORS www.USHarbors.com

Essex, MA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:03	9.5	3:37	8.8	9:39	0.8	9:52	1.4	5:09	8:24	
2	Fri	3:44	9.2	4:15	8.8	10:18	1.0	10:37	1.5	5:09	8:24	
3	Sat	4:27	8.8	4:55	8.9	11:00	1.2	11:25	1.6	5:10	8:24	
4	Sun	5:13	8.5	5:39	8.9	11:44	1.5			5:10	8:24	
5	Mon	6:03	8.2	6:27	9.0	12:17	1.6	12:32	1.7	5:11	8:23	
6	Tue	6:59	7.9	7:19	9.2	1:12	1.6	1:24	1.8	5:12	8:23	
7	Wed	7:59	7.9	8:14	9.4	2:09	1.5	2:18	1.8	5:12	8:23	
8	Thu	9:00	8.0	9:10	9.7	3:06	1.2	3:14	1.7	5:13	8:22	
9	Fri	9:59	8.2	10:06	10.1	4:03	0.8	4:10	1.4	5:14	8:22	
10	Sat	10:55	8.7	11:00	10.5	4:59	0.3	5:05	1.0	5:14	8:22	
11	Sun	11:47	9.1	11:53	10.9	5:52	-0.3	5:59	0.6	5:15	8:21	
12	Mon			12:36	9.6	6:43	-0.7	6:52	0.2	5:16	8:21	
13	Tue	12:44	11.2	1:25	10.0	7:32	-1.0	7:44	-0.2	5:17	8:20	
14	Wed	1:35	11.3	2:14	10.3	8:21	-1.2	8:36	-0.4	5:18	8:19	
15	Thu	2:27	11.2	3:04	10.5	9:09	-1.2	9:29	-0.4	5:18	8:19	
16	Fri	3:21	10.9	3:56	10.6	9:58	-0.9	10:23	-0.3	5:19	8:18	
17	Sat	4:16	10.4	4:50	10.6	10:48	-0.6	11:19	0.0	5:20	8:17	
18	Sun	5:14	9.8	5:45	10.4	11:39	-0.1			5:21	8:17	
19	Mon	6:16	9.2	6:44	10.3	12:18	0.3	12:33	0.4	5:22	8:16	
20	Tue	7:20	8.7	7:45	10.1	1:20	0.5	1:29	0.9	5:23	8:15	
21	Wed	8:24	8.5	8:44	10.0	2:25	0.7	2:27	1.2	5:24	8:14	
22	Thu	9:25	8.4	9:41	9.9	3:29	0.7	3:24	1.4	5:25	8:13	
23	Fri	10:21	8.4	10:34	9.9	4:30	0.6	4:19	1.5	5:26	8:13	
24	Sat	11:12	8.5	11:22	9.9	5:22	0.6	5:10	1.4	5:27	8:12	
25	Sun	11:58	8.7			6:05	0.5	5:56	1.3	5:28	8:11	
26	Mon	12:05	9.9	12:38	8.8	6:42	0.5	6:38	1.2	5:29	8:10	
27	Tue	12:44	9.9	1:15	8.9	7:16	0.5	7:18	1.1	5:30	8:09	
28	Wed	1:21	9.8	1:50	8.9	7:51	0.6	7:58	1.0	5:31	8:08	
29	Thu	1:56	9.6	2:22	9.0	8:27	0.7	8:39	1.0	5:32	8:07	
30	Fri	2:32	9.4	2:55	9.1	9:04	0.8	9:21	1.1	5:33	8:06	
31	Sat	3:09	9.1	3:31	9.1	9:42	1.0	10:05	1.2	5:34	8:04	