US HARBORS www.USHarbors.com

Essex, MA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:50	8.8	4:10	9.2	10:23	1.2	10:52	1.3	5:35	8:03	
2	Mon	4:34	8.5	4:54	9.2	11:06	1.5	11:43	1.4	5:36	8:02	
3	Tue	5:23	8.1	5:42	9.2	11:54	1.7			5:37	8:01	
4	Wed	6:19	7.9	6:37	9.3	12:38	1.5	12:48	1.8	5:38	8:00	
5	Thu	7:22	7.8	7:38	9.4	1:37	1.4	1:46	1.8	5:39	7:58	
6	Fri	8:27	8.0	8:40	9.7	2:37	1.1	2:46	1.6	5:40	7:57	
7	Sat	9:30	8.4	9:42	10.2	3:36	0.7	3:45	1.2	5:41	7:56	
8	Sun	10:29	9.0	10:41	10.7	4:33	0.1	4:43	0.7	5:42	7:55	
9	Mon	11:23	9.6	11:36	11.1	5:27	-0.4	5:39	0.1	5:43	7:53	
10	Tue			12:13	10.2	6:19	-0.9	6:32	-0.4	5:44	7:52	
11	Wed	12:28	11.4	1:02	10.7	7:08	-1.2	7:25	-0.8	5:45	7:50	
12	Thu	1:19	11.4	1:50	11.0	7:56	-1.3	8:17	-1.0	5:46	7:49	
13	Fri	2:11	11.2	2:40	11.1	8:44	-1.2	9:10	-0.9	5:47	7:48	
14	Sat	3:03	10.7	3:31	11.0	9:32	-0.8	10:03	-0.6	5:48	7:46	
15	Sun	3:58	10.1	4:23	10.8	10:21	-0.3	10:58	-0.1	5:49	7:45	
16	Mon	4:55	9.5	5:19	10.4	11:12	0.3	11:56	0.3	5:50	7:43	
17	Tue	5:56	8.9	6:18	10.0			12:06	0.8	5:52	7:42	
18	Wed	7:01	8.4	7:22	9.7	12:58	0.7	1:04	1.3	5:53	7:40	
19	Thu	8:05	8.2	8:24	9.5	2:04	1.0	2:03	1.6	5:54	7:39	
20	Fri	9:05	8.2	9:22	9.4	3:09	1.0	3:02	1.7	5:55	7:37	
21	Sat	10:00	8.3	10:14	9.5	4:08	1.0	3:57	1.6	5:56	7:36	
22	Sun	10:48	8.6	11:02	9.6	4:56	0.9	4:47	1.4	5:57	7:34	
23	Mon	11:32	8.8	11:44	9.7	5:35	0.8	5:31	1.2	5:58	7:32	
24	Tue			12:10	9.0	6:10	0.7	6:12	1.0	5:59	7:31	
25	Wed	12:21	9.7	12:44	9.1	6:43	0.7	6:52	0.8	6:00	7:29	
26	Thu	12:56	9.7	1:15	9.3	7:18	0.7	7:32	0.7	6:01	7:28	
27	Fri	1:29	9.5	1:45	9.4	7:54	0.7	8:12	0.7	6:02	7:26	
28	Sat	2:03	9.3	2:17	9.5	8:30	0.9	8:54	0.8	6:03	7:24	
29	Sun	2:39	9.0	2:52	9.5	9:09	1.1	9:37	0.9	6:04	7:23	
30	Mon	3:18	8.7	3:31	9.5	9:49	1.3	10:23	1.1	6:05	7:21	
31	Tue	4:03	8.4	4:16	9.5	10:33	1.6	11:13	1.2	6:07	7:19	