



















## Essex, MA - Jun 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:09	10.1	4:53	9.1	10:47	0.2	10:57	1.2	5:07	8:14	
2	Mon	5:04	9.7	5:46	9.0	11:36	0.6	11:51	1.4	5:07	8:15	
3	Tue	6:00	9.2	6:38	8.9			12:25	1.0	5:06	8:15	
4	Wed	6:56	8.8	7:29	8.9	12:45	1.6	1:14	1.3	5:06	8:16	
5	Thu	7:52	8.6	8:19	9.0	1:40	1.7	2:02	1.6	5:06	8:17	
6	Fri	8:45	8.4	9:06	9.1	2:34	1.6	2:48	1.8	5:05	8:18	
7	Sat	9:37	8.3	9:51	9.2	3:27	1.5	3:34	1.9	5:05	8:18	
8	Sun	10:27	8.3	10:33	9.4	4:17	1.3	4:20	1.9	5:05	8:19	
9	Mon	11:14	8.3	11:13	9.5	5:05	1.0	5:05	1.9	5:05	8:19	
10	Tue	11:58	8.3	11:52	9.7	5:51	0.8	5:50	1.9	5:04	8:20	
11	Wed			12:39	8.3	6:34	0.6	6:34	1.8	5:04	8:20	
12	Thu	12:29	9.8	1:16	8.4	7:17	0.5	7:18	1.7	5:04	8:21	
13	Fri	1:06	9.9	1:53	8.5	7:59	0.4	8:03	1.6	5:04	8:21	
14	Sat	1:46	9.9	2:31	8.6	8:41	0.4	8:48	1.5	5:04	8:22	
15	Sun	2:29	9.9	3:12	8.8	9:24	0.3	9:34	1.3	5:04	8:22	
16	Mon	3:15	9.9	3:56	9.0	10:09	0.3	10:23	1.2	5:04	8:23	
17	Tue	4:04	9.8	4:43	9.3	10:55	0.4	11:14	1.1	5:04	8:23	
18	Wed	4:56	9.7	5:33	9.5	11:43	0.5			5:04	8:23	
19	Thu	5:53	9.5	6:28	9.8	12:09	1.0	12:35	0.6	5:05	8:24	
20	Fri	6:54	9.2	7:25	10.1	1:08	0.8	1:29	0.7	5:05	8:24	
21	Sat	7:59	9.0	8:25	10.5	2:10	0.6	2:25	0.7	5:05	8:24	
22	Sun	9:04	8.9	9:25	10.8	3:12	0.3	3:22	0.8	5:05	8:24	
23	Mon	10:09	9.0	10:24	11.0	4:14	-0.1	4:21	0.7	5:06	8:24	
24	Tue	11:11	9.1	11:22	11.2	5:15	-0.4	5:18	0.7	5:06	8:25	
25	Wed			12:08	9.2	6:14	-0.6	6:15	0.6	5:06	8:25	
26	Thu	12:17	11.2	1:02	9.3	7:08	-0.7	7:09	0.5	5:07	8:25	
27	Fri	1:10	11.1	1:54	9.4	7:58	-0.7	8:01	0.5	5:07	8:25	
28	Sat	2:02	10.8	2:44	9.4	8:46	-0.4	8:51	0.7	5:07	8:25	
29	Sun	2:53	10.4	3:33	9.3	9:32	-0.1	9:40	0.9	5:08	8:25	
30	Mon	3:43	10.0	4:20	9.2	10:15	0.3	10:28	1.1	5:08	8:24	