

































## Essex, MA - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:37	10.1	8:14	8.9	1:40	0.5	2:25	0.2	7:13	4:20	
2	Thu	8:39	10.6	9:20	9.2	2:39	0.2	3:27	-0.4	7:13	4:21	
3	Fri	9:40	11.1	10:21	9.6	3:38	-0.1	4:26	-1.0	7:13	4:22	
4	Sat	10:37	11.5	11:17	9.9	4:35	-0.4	5:21	-1.5	7:13	4:23	
5	Sun	11:31	11.8			5:30	-0.7	6:14	-1.8	7:12	4:24	
6	Mon	12:10	10.2	12:23	11.8	6:23	-0.9	7:04	-1.8	7:12	4:25	
7	Tue	1:01	10.3	1:14	11.5	7:14	-0.8	7:53	-1.7	7:12	4:26	
8	Wed	1:52	10.2	2:05	11.1	8:05	-0.6	8:40	-1.3	7:12	4:27	
9	Thu	2:43	10.1	2:56	10.5	8:56	-0.2	9:27	-0.8	7:12	4:28	
10	Fri	3:33	9.8	3:48	9.8	9:46	0.2	10:14	-0.2	7:11	4:29	
11	Sat	4:25	9.5	4:41	9.2	10:38	0.7	11:02	0.3	7:11	4:30	
12	Sun	5:18	9.2	5:38	8.6	11:33	1.1	11:52	0.8	7:11	4:31	
13	Mon	6:12	9.0	6:37	8.2			12:30	1.4	7:10	4:33	
14	Tue	7:08	8.9	7:36	7.9	12:43	1.2	1:28	1.5	7:10	4:34	
15	Wed	8:01	9.0	8:33	7.9	1:35	1.4	2:25	1.4	7:09	4:35	
16	Thu	8:52	9.1	9:25	8.0	2:26	1.5	3:19	1.1	7:09	4:36	
17	Fri	9:39	9.3	10:13	8.2	3:16	1.4	4:07	0.8	7:08	4:37	
18	Sat	10:22	9.5	10:56	8.4	4:04	1.2	4:50	0.5	7:08	4:39	
19	Sun	11:01	9.7	11:35	8.6	4:49	1.0	5:30	0.2	7:07	4:40	
20	Mon	11:36	9.9			5:33	0.8	6:10	0.0	7:06	4:41	
21	Tue	12:09	8.7	12:10	10.0	6:16	0.6	6:50	-0.2	7:06	4:42	
22	Wed	12:41	8.9	12:45	10.1	6:58	0.4	7:29	-0.2	7:05	4:44	
23	Thu	1:15	9.1	1:23	10.0	7:41	0.4	8:10	-0.2	7:04	4:45	
24	Fri	1:52	9.3	2:04	9.9	8:26	0.4	8:52	-0.2	7:03	4:46	
25	Sat	2:33	9.5	2:50	9.7	9:12	0.4	9:37	0.0	7:03	4:47	
26	Sun	3:19	9.6	3:39	9.5	10:02	0.5	10:25	0.2	7:02	4:49	
27	Mon	4:09	9.7	4:34	9.1	10:57	0.6	11:18	0.4	7:01	4:50	
28	Tue	5:05	9.8	5:36	8.8	11:57	0.6			7:00	4:51	
29	Wed	6:07	9.9	6:45	8.6	12:15	0.5	1:00	0.5	6:59	4:53	
30	Thu	7:13	10.1	7:56	8.7	1:16	0.5	2:05	0.2	6:58	4:54	
31	Fri	8:21	10.4	9:04	9.0	2:18	0.3	3:08	-0.3	6:57	4:55	