US HARBORS www.USHarbors.com

Essex, MA - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:45	9.4	5:16	8.5	11:12	0.9	11:25	1.1	6:17	5:32	
2	Mon	5:41	9.1	6:16	8.1			12:08	1.3	6:16	5:34	
3	Tue	6:40	8.8	7:17	7.9	12:18	1.5	1:07	1.5	6:14	5:35	
4	Wed	7:39	8.8	8:15	7.9	1:14	1.7	2:06	1.5	6:12	5:36	
5	Thu	8:34	8.9	9:08	8.1	2:08	1.7	3:00	1.3	6:11	5:37	
6	Fri	9:25	9.1	9:56	8.3	3:01	1.5	3:48	1.1	6:09	5:38	
7	Sat	10:11	9.3	10:38	8.6	3:50	1.2	4:31	0.8	6:07	5:40	
8	Sun	11:52	9.5			5:36	0.9	6:11	0.6	7:06	6:41	
9	Mon	12:15	8.9	12:28	9.7	6:20	0.6	6:50	0.4	7:04	6:42	
10	Tue	12:48	9.1	1:02	9.7	7:02	0.3	7:28	0.2	7:02	6:43	
11	Wed	1:19	9.3	1:36	9.8	7:44	0.1	8:07	0.2	7:00	6:44	
12	Thu	1:52	9.5	2:12	9.7	8:27	0.1	8:48	0.2	6:59	6:46	
13	Fri	2:27	9.7	2:51	9.6	9:10	0.1	9:29	0.3	6:57	6:47	
14	Sat	3:08	9.9	3:35	9.4	9:56	0.2	10:13	0.5	6:55	6:48	
15	Sun	3:52	9.9	4:24	9.2	10:45	0.3	11:01	0.7	6:54	6:49	
16	Mon	4:42	9.9	5:18	8.9	11:38	0.5	11:55	0.8	6:52	6:50	
17	Tue	5:38	9.9	6:18	8.7			12:36	0.5	6:50	6:51	
18	Wed	6:40	9.8	7:26	8.7	12:54	0.9	1:38	0.5	6:48	6:53	
19	Thu	7:49	9.9	8:35	8.9	1:56	0.8	2:41	0.3	6:47	6:54	
20	Fri	8:59	10.2	9:41	9.4	2:58	0.5	3:43	-0.1	6:45	6:55	
21	Sat	10:05	10.5	10:41	9.9	4:00	0.0	4:42	-0.5	6:43	6:56	
22	Sun	11:05	10.9	11:36	10.4	5:00	-0.5	5:37	-0.8	6:41	6:57	
23	Mon			12:00	11.1	5:56	-0.9	6:28	-1.1	6:40	6:58	
24	Tue	12:26	10.8	12:51	11.1	6:49	-1.1	7:16	-1.1	6:38	7:00	
25	Wed	1:14	10.9	1:39	10.9	7:39	-1.2	8:02	-0.9	6:36	7:01	
26	Thu	2:00	10.9	2:27	10.5	8:27	-1.0	8:47	-0.6	6:34	7:02	
27	Fri	2:46	10.7	3:14	10.0	9:14	-0.6	9:31	-0.1	6:33	7:03	
28	Sat	3:31	10.3	4:02	9.5	10:01	-0.1	10:15	0.4	6:31	7:04	
29	Sun	4:18	9.8	4:51	9.0	10:48	0.4	11:01	1.0	6:29	7:05	
30	Mon	5:06	9.4	5:44	8.5	11:37	0.9	11:50	1.4	6:27	7:06	
31	Tue	5:58	9.0	6:40	8.2			12:29	1.3	6:26	7:08	