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# Falmouth Harbor, MA - Jan 2054

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 4:29 | 1.4 | 4:53 | 1.3 | 10:45 | 0.0 | 11:11 | 0.0 | 7:08 | 4:23 | |
| 2 | Fri | 5:29 | 1.4 | 5:58 | 1.3 | 11:48 | 0.1 | | | 7:08 | 4:24 | |
| 3 | Sat | 6:28 | 1.4 | 7:02 | 1.2 | 12:10 | 0.1 | 12:51 | 0.1 | 7:08 | 4:25 | |
| 4 | Sun | 7:26 | 1.4 | 8:02 | 1.2 | 1:08 | 0.1 | 1:53 | 0.1 | 7:08 | 4:26 | |
| 5 | Mon | 8:19 | 1.4 | 8:55 | 1.2 | 2:03 | 0.1 | 2:48 | 0.0 | 7:08 | 4:26 | |
| 6 | Tue | 9:06 | 1.4 | 9:42 | 1.2 | 2:53 | 0.1 | 3:35 | 0.0 | 7:08 | 4:27 | |
| 7 | Wed | 9:48 | 1.4 | 10:24 | 1.2 | 3:39 | 0.1 | 4:17 | 0.0 | 7:08 | 4:28 | |
| 8 | Thu | 10:28 | 1.4 | 11:03 | 1.3 | 4:21 | 0.1 | 4:56 | 0.0 | 7:08 | 4:29 | |
| 9 | Fri | 11:07 | 1.4 | 11:42 | 1.3 | 5:01 | 0.1 | 5:35 | 0.0 | 7:08 | 4:30 | |
| 10 | Sat | 11:45 | 1.4 | | | 5:41 | 0.1 | 6:12 | 0.0 | 7:08 | 4:32 | |
| 11 | Sun | 12:19 | 1.3 | 12:24 | 1.4 | 6:20 | 0.1 | 6:50 | 0.0 | 7:07 | 4:33 | |
| 12 | Mon | 12:57 | 1.3 | 1:03 | 1.4 | 7:01 | 0.1 | 7:28 | 0.0 | 7:07 | 4:34 | |
| 13 | Tue | 1:35 | 1.3 | 1:43 | 1.3 | 7:42 | 0.1 | 8:08 | 0.0 | 7:07 | 4:35 | |
| 14 | Wed | 2:14 | 1.3 | 2:25 | 1.3 | 8:25 | 0.1 | 8:50 | 0.1 | 7:06 | 4:36 | |
| 15 | Thu | 2:56 | 1.3 | 3:11 | 1.3 | 9:11 | 0.2 | 9:34 | 0.1 | 7:06 | 4:37 | |
| 16 | Fri | 3:41 | 1.3 | 4:00 | 1.2 | 10:02 | 0.2 | 10:23 | 0.1 | 7:05 | 4:38 | |
| 17 | Sat | 4:29 | 1.3 | 4:54 | 1.2 | 10:55 | 0.1 | 11:14 | 0.1 | 7:05 | 4:39 | |
| 18 | Sun | 5:21 | 1.3 | 5:51 | 1.2 | 11:52 | 0.1 | | | 7:04 | 4:41 | |
| 19 | Mon | 6:15 | 1.4 | 6:50 | 1.2 | 12:08 | 0.1 | 12:50 | 0.1 | 7:04 | 4:42 | |
| 20 | Tue | 7:12 | 1.4 | 7:50 | 1.3 | 1:05 | 0.1 | 1:49 | 0.0 | 7:03 | 4:43 | |
| 21 | Wed | 8:09 | 1.5 | 8:48 | 1.3 | 2:02 | 0.0 | 2:45 | -0.1 | 7:02 | 4:44 | |
| 22 | Thu | 9:04 | 1.6 | 9:43 | 1.4 | 2:58 | 0.0 | 3:40 | -0.2 | 7:02 | 4:45 | |
| 23 | Fri | 9:58 | 1.6 | 10:36 | 1.5 | 3:53 | -0.1 | 4:32 | -0.3 | 7:01 | 4:47 | |
| 24 | Sat | 10:51 | 1.7 | 11:29 | 1.5 | 4:46 | -0.2 | 5:24 | -0.3 | 7:00 | 4:48 | |
| 25 | Sun | 11:46 | 1.7 | | | 5:39 | -0.2 | 6:15 | -0.3 | 6:59 | 4:49 | |
| 26 | Mon | 12:22 | 1.5 | 12:39 | 1.6 | 6:33 | -0.2 | 7:06 | -0.3 | 6:59 | 4:50 | |
| 27 | Tue | 1:15 | 1.5 | 1:33 | 1.6 | 7:26 | -0.2 | 7:57 | -0.2 | 6:58 | 4:52 | |
| 28 | Wed | 2:07 | 1.5 | 2:29 | 1.5 | 8:21 | -0.1 | 8:50 | -0.1 | 6:57 | 4:53 | |
| 29 | Thu | 3:01 | 1.5 | 3:26 | 1.4 | 9:18 | 0.0 | 9:44 | 0.0 | 6:56 | 4:54 | |
| 30 | Fri | 3:58 | 1.4 | 4:27 | 1.3 | 10:18 | 0.0 | 10:41 | 0.0 | 6:55 | 4:55 | |
| 31 | Sat | 4:56 | 1.4 | 5:30 | 1.2 | 11:20 | 0.1 | 11:39 | 0.1 | 6:54 | 4:57 | |