

Harwich Port, MA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:08	4.2	3:43	3.9	9:03	-0.2	9:20	0.2	5:09	8:18	
2	Fri	3:55	4.1	4:29	4.0	9:49	-0.1	10:11	0.1	5:10	8:18	
3	Sat	4:45	4.1	5:19	4.1	10:38	-0.1	11:06	0.1	5:10	8:18	
4	Sun	5:40	4.0	6:12	4.1	11:30	0.0			5:11	8:18	
5	Mon	6:38	3.9	7:08	4.2	12:04	0.1	12:25	0.0	5:12	8:17	
6	Tue	7:39	3.8	8:06	4.2	1:03	0.1	1:22	0.1	5:12	8:17	
7	Wed	8:42	3.7	9:05	4.3	2:05	0.0	2:21	0.1	5:13	8:17	
8	Thu	9:46	3.7	10:05	4.4	3:06	-0.1	3:21	0.1	5:13	8:16	
9	Fri	10:47	3.8	11:03	4.4	4:07	-0.2	4:19	0.1	5:14	8:16	
10	Sat	11:44	3.8	11:57	4.4	5:03	-0.3	5:14	0.1	5:15	8:15	
11	Sun			12:38	3.9	5:56	-0.3	6:07	0.1	5:16	8:15	
12	Mon	12:49	4.4	1:29	3.9	6:46	-0.3	6:58	0.1	5:16	8:14	
13	Tue	1:39	4.4	2:18	3.9	7:33	-0.3	7:47	0.1	5:17	8:14	
14	Wed	2:28	4.2	3:04	3.9	8:19	-0.2	8:35	0.2	5:18	8:13	
15	Thu	3:15	4.1	3:48	3.9	9:03	0.0	9:22	0.3	5:19	8:13	
16	Fri	4:01	3.9	4:32	3.8	9:47	0.1	10:10	0.4	5:20	8:12	
17	Sat	4:48	3.7	5:17	3.7	10:32	0.3	11:00	0.5	5:20	8:11	
18	Sun	5:37	3.6	6:04	3.7	11:19	0.5	11:51	0.6	5:21	8:11	
19	Mon	6:28	3.4	6:53	3.6			12:07	0.6	5:22	8:10	
20	Tue	7:21	3.3	7:43	3.6	12:44	0.6	12:57	0.7	5:23	8:09	
21	Wed	8:15	3.2	8:34	3.7	1:38	0.6	1:47	0.7	5:24	8:08	
22	Thu	9:10	3.2	9:26	3.7	2:31	0.6	2:39	0.7	5:25	8:08	
23	Fri	10:04	3.3	10:16	3.8	3:24	0.5	3:31	0.7	5:26	8:07	
24	Sat	10:53	3.4	11:02	3.9	4:14	0.4	4:20	0.6	5:27	8:06	
25	Sun	11:39	3.5	11:47	4.1	5:00	0.2	5:06	0.4	5:28	8:05	
26	Mon			12:22	3.6	5:44	0.0	5:52	0.3	5:29	8:04	
27	Tue	12:30	4.2	1:05	3.8	6:27	-0.1	6:37	0.1	5:30	8:03	
28	Wed	1:15	4.3	1:48	3.9	7:10	-0.2	7:24	0.0	5:30	8:02	
29	Thu	2:00	4.3	2:32	4.1	7:54	-0.3	8:11	-0.1	5:31	8:01	
30	Fri	2:47	4.3	3:18	4.2	8:38	-0.3	9:00	-0.1	5:32	8:00	
31	Sat	3:36	4.2	4:05	4.2	9:25	-0.3	9:52	-0.1	5:33	7:59	