

Harwich Port, MA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:22	3.6	4:37	3.6	10:05	0.4	10:30	0.2	7:07	4:20	
2	Mon	5:10	3.6	5:31	3.5	10:59	0.4	11:21	0.2	7:07	4:21	
3	Tue	6:02	3.7	6:28	3.5	11:55	0.3			7:07	4:22	
4	Wed	6:56	3.9	7:27	3.5	12:15	0.2	12:54	0.1	7:07	4:23	
5	Thu	7:53	4.0	8:29	3.6	1:12	0.1	1:53	-0.1	7:07	4:24	
6	Fri	8:51	4.2	9:29	3.7	2:10	0.0	2:53	-0.3	7:07	4:25	
7	Sat	9:47	4.4	10:26	3.9	3:07	-0.1	3:49	-0.5	7:07	4:26	
8	Sun	10:42	4.6	11:21	4.0	4:03	-0.3	4:43	-0.7	7:07	4:27	
9	Mon	11:37	4.7			4:57	-0.4	5:36	-0.8	7:06	4:28	
10	Tue	12:16	4.1	12:31	4.7	5:51	-0.4	6:28	-0.8	7:06	4:29	
11	Wed	1:10	4.2	1:25	4.6	6:44	-0.4	7:19	-0.7	7:06	4:30	
12	Thu	2:03	4.2	2:19	4.4	7:38	-0.4	8:10	-0.6	7:06	4:31	
13	Fri	2:55	4.1	3:12	4.2	8:31	-0.2	9:01	-0.4	7:05	4:32	
14	Sat	3:48	4.0	4:08	3.9	9:27	-0.1	9:54	-0.1	7:05	4:33	
15	Sun	4:43	3.9	5:06	3.7	10:25	0.1	10:49	0.1	7:04	4:34	
16	Mon	5:38	3.7	6:05	3.5	11:24	0.3	11:44	0.3	7:04	4:35	
17	Tue	6:35	3.7	7:06	3.3			12:24	0.3	7:03	4:36	
18	Wed	7:31	3.6	8:06	3.2	12:39	0.4	1:24	0.4	7:03	4:38	
19	Thu	8:26	3.6	9:03	3.2	1:34	0.5	2:23	0.3	7:02	4:39	
20	Fri	9:18	3.7	9:54	3.3	2:28	0.5	3:14	0.3	7:02	4:40	
21	Sat	10:04	3.7	10:38	3.3	3:17	0.5	3:59	0.2	7:01	4:41	
22	Sun	10:46	3.8	11:19	3.4	4:01	0.4	4:39	0.1	7:00	4:42	
23	Mon	11:25	3.9	11:57	3.5	4:43	0.3	5:18	0.0	7:00	4:44	
24	Tue			12:03	3.9	5:23	0.3	5:55	-0.1	6:59	4:45	
25	Wed	12:35	3.5	12:41	3.9	6:03	0.2	6:32	-0.1	6:58	4:46	
26	Thu	1:12	3.6	1:19	3.9	6:42	0.2	7:10	-0.1	6:57	4:47	
27	Fri	1:49	3.6	1:58	3.9	7:22	0.1	7:48	-0.1	6:57	4:49	
28	Sat	2:26	3.7	2:38	3.8	8:04	0.1	8:28	-0.1	6:56	4:50	
29	Sun	3:06	3.7	3:21	3.7	8:48	0.1	9:11	0.0	6:55	4:51	
30	Mon	3:48	3.8	4:09	3.7	9:37	0.1	9:58	0.1	6:54	4:52	
31	Tue	4:36	3.8	5:03	3.6	10:30	0.1	10:51	0.1	6:53	4:54	