

Lynn Harbor, MA - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:03	7.9	4:08	8.6	9:56	2.0	10:32	1.3	6:53	4:12	
2	Tue	4:49	7.9	4:58	8.4	10:46	2.1	11:19	1.4	6:54	4:11	
3	Wed	5:37	8.0	5:52	8.2	11:41	2.0			6:55	4:11	
4	Thu	6:26	8.3	6:47	8.1	12:08	1.5	12:37	1.7	6:56	4:11	
5	Fri	7:16	8.7	7:44	8.3	12:58	1.4	1:32	1.2	6:57	4:11	
6	Sat	8:05	9.3	8:39	8.5	1:49	1.2	2:27	0.6	6:58	4:11	
7	Sun	8:55	9.9	9:33	8.8	2:40	0.9	3:20	-0.1	6:59	4:11	
8	Mon	9:44	10.6	10:24	9.2	3:30	0.5	4:11	-0.7	7:00	4:11	
9	Tue	10:32	11.1	11:13	9.4	4:19	0.1	5:01	-1.3	7:01	4:10	
10	Wed	11:21	11.5			5:08	-0.2	5:50	-1.6	7:02	4:11	
11	Thu	12:03	9.6	12:11	11.7	5:58	-0.4	6:41	-1.7	7:03	4:11	
12	Fri	12:54	9.6	1:03	11.6	6:49	-0.4	7:32	-1.6	7:04	4:11	
13	Sat	1:46	9.6	1:57	11.3	7:43	-0.3	8:24	-1.2	7:04	4:11	
14	Sun	2:40	9.5	2:53	10.7	8:39	-0.1	9:17	-0.7	7:05	4:11	
15	Mon	3:35	9.4	3:51	10.0	9:37	0.3	10:13	-0.2	7:06	4:11	
16	Tue	4:34	9.2	4:55	9.3	10:41	0.6	11:12	0.4	7:07	4:12	
17	Wed	5:35	9.1	6:02	8.7	11:48	0.8			7:07	4:12	
18	Thu	6:39	9.1	7:12	8.3	12:13	0.9	12:58	0.9	7:08	4:12	
19	Fri	7:42	9.2	8:20	8.2	1:16	1.2	2:06	0.7	7:08	4:13	
20	Sat	8:41	9.4	9:22	8.3	2:16	1.3	3:08	0.4	7:09	4:13	
21	Sun	9:34	9.6	10:13	8.4	3:12	1.2	4:01	0.2	7:10	4:14	
22	Mon	10:21	9.8	10:57	8.6	4:01	1.1	4:47	0.0	7:10	4:14	
23	Tue	11:02	9.9	11:37	8.7	4:45	0.9	5:27	-0.2	7:10	4:15	
24	Wed	11:40	10.0			5:24	0.9	6:04	-0.2	7:11	4:15	
25	Thu	12:14	8.7	12:17	10.0	6:02	0.8	6:40	-0.2	7:11	4:16	
26	Fri	12:51	8.6	12:53	10.0	6:39	0.9	7:16	0.0	7:12	4:16	
27	Sat	1:27	8.6	1:29	9.8	7:16	0.9	7:51	0.1	7:12	4:17	
28	Sun	2:03	8.5	2:06	9.5	7:55	1.1	8:27	0.3	7:12	4:18	
29	Mon	2:39	8.4	2:45	9.2	8:34	1.2	9:04	0.6	7:12	4:19	
30	Tue	3:17	8.4	3:25	8.8	9:16	1.4	9:43	0.9	7:13	4:19	
31	Wed	3:57	8.4	4:11	8.4	10:02	1.5	10:22	1.3	7:13	4:20	