

Lynn Harbor, MA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:37	8.3	5:00	7.9	10:51	1.6	11:12	1.5	7:13	4:21	
2	Fri	5:28	8.4	6:00	7.7	11:50	1.5			7:13	4:22	
3	Sat	6:25	8.7	7:05	7.7	12:08	1.6	12:53	1.2	7:13	4:23	
4	Sun	7:25	9.1	8:10	7.9	1:08	1.5	1:56	0.7	7:13	4:24	
5	Mon	8:25	9.8	9:12	8.4	2:08	1.2	2:57	0.0	7:13	4:25	
6	Tue	9:23	10.5	10:08	8.9	3:06	0.6	3:53	-0.8	7:13	4:26	
7	Wed	10:17	11.2	11:00	9.5	4:01	0.0	4:46	-1.4	7:13	4:27	
8	Thu	11:09	11.7	11:49	9.9	4:54	-0.6	5:36	-1.9	7:12	4:28	
9	Fri			12:00	11.9	5:45	-1.0	6:24	-2.1	7:12	4:29	
10	Sat	12:38	10.2	12:51	11.8	6:36	-1.2	7:13	-2.0	7:12	4:30	
11	Sun	1:28	10.3	1:42	11.4	7:28	-1.1	8:02	-1.6	7:12	4:31	
12	Mon	2:17	10.3	2:35	10.7	8:22	-0.8	8:51	-1.0	7:11	4:32	
13	Tue	3:08	10.0	3:30	9.8	9:17	-0.4	9:43	-0.2	7:11	4:33	
14	Wed	4:02	9.7	4:29	9.0	10:16	0.2	10:38	0.6	7:11	4:34	
15	Thu	5:00	9.2	5:34	8.2	11:21	0.7	11:38	1.2	7:10	4:35	
16	Fri	6:03	8.9	6:45	7.7			12:31	1.0	7:10	4:37	
17	Sat	7:10	8.7	7:56	7.6	12:43	1.6	1:43	1.1	7:09	4:38	
18	Sun	8:16	8.8	9:01	7.7	1:49	1.8	2:50	0.9	7:09	4:39	
19	Mon	9:14	9.1	9:54	8.0	2:50	1.6	3:45	0.6	7:08	4:40	
20	Tue	10:01	9.4	10:36	8.3	3:40	1.3	4:29	0.3	7:07	4:41	
21	Wed	10:41	9.7	11:13	8.5	4:23	1.0	5:06	0.0	7:07	4:43	
22	Thu	11:17	9.9	11:47	8.7	5:00	0.8	5:39	-0.1	7:06	4:44	
23	Fri	11:52	10.0			5:36	0.6	6:11	-0.2	7:05	4:45	
24	Sat	12:19	8.8	12:25	10.0	6:11	0.4	6:42	-0.1	7:05	4:46	
25	Sun	12:51	8.9	12:59	9.9	6:46	0.4	7:14	0.0	7:04	4:48	
26	Mon	1:23	8.9	1:33	9.6	7:22	0.4	7:47	0.2	7:03	4:49	
27	Tue	1:56	8.9	2:09	9.2	7:59	0.5	8:22	0.4	7:02	4:50	
28	Wed	2:30	8.9	2:48	8.8	8:39	0.7	8:59	0.7	7:01	4:51	
29	Thu	3:08	8.8	3:31	8.4	9:22	0.8	9:41	1.1	7:00	4:53	
30	Fri	3:52	8.8	4:22	8.0	10:14	1.0	10:31	1.4	6:59	4:54	
31	Sat	4:45	8.8	5:25	7.6	11:14	1.1	11:31	1.6	6:58	4:55	