

Lynn Harbor, MA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:48	11.0	11:23	9.7	4:29	-0.3	5:09	-1.1	7:13	4:21	
2	Fri	11:34	11.0			5:17	-0.4	5:54	-1.2	7:13	4:21	
3	Sat	12:08	9.7	12:17	10.8	6:03	-0.4	6:36	-1.0	7:13	4:22	
4	Sun	12:50	9.6	12:59	10.5	6:46	-0.2	7:17	-0.7	7:13	4:23	
5	Mon	1:31	9.4	1:40	10.1	7:29	0.1	7:58	-0.3	7:13	4:24	
6	Tue	2:12	9.2	2:22	9.6	8:12	0.5	8:38	0.2	7:13	4:25	
7	Wed	2:53	8.8	3:05	9.0	8:56	0.9	9:20	0.7	7:13	4:26	
8	Thu	3:35	8.5	3:51	8.4	9:42	1.3	10:04	1.2	7:13	4:27	
9	Fri	4:21	8.2	4:42	7.9	10:33	1.7	10:52	1.7	7:12	4:28	
10	Sat	5:12	8.0	5:39	7.5	11:28	1.9	11:45	2.0	7:12	4:29	
11	Sun	6:07	8.0	6:39	7.4			12:28	1.9	7:12	4:30	
12	Mon	7:04	8.2	7:40	7.4	12:41	2.0	1:27	1.7	7:12	4:31	
13	Tue	7:59	8.5	8:36	7.7	1:36	1.9	2:23	1.2	7:11	4:33	
14	Wed	8:50	9.1	9:26	8.2	2:29	1.5	3:13	0.6	7:11	4:34	
15	Thu	9:37	9.8	10:11	8.8	3:18	0.9	3:59	-0.1	7:10	4:35	
16	Fri	10:21	10.4	10:53	9.4	4:04	0.3	4:41	-0.8	7:10	4:36	
17	Sat	11:04	11.0	11:35	9.9	4:48	-0.3	5:23	-1.3	7:09	4:37	
18	Sun	11:47	11.4			5:33	-0.9	6:06	-1.7	7:09	4:38	
19	Mon	12:17	10.3	12:31	11.5	6:18	-1.2	6:50	-1.8	7:08	4:40	
20	Tue	1:01	10.6	1:17	11.3	7:05	-1.4	7:35	-1.7	7:08	4:41	
21	Wed	1:46	10.7	2:06	11.0	7:55	-1.3	8:23	-1.4	7:07	4:42	
22	Thu	2:34	10.6	2:58	10.4	8:47	-1.0	9:13	-0.9	7:06	4:43	
23	Fri	3:27	10.4	3:55	9.6	9:44	-0.6	10:08	-0.3	7:06	4:45	
24	Sat	4:24	10.0	4:59	8.9	10:46	-0.1	11:08	0.3	7:05	4:46	
25	Sun	5:28	9.7	6:09	8.5	11:53	0.2			7:04	4:47	
26	Mon	6:37	9.6	7:22	8.3	12:14	0.6	1:04	0.3	7:03	4:48	
27	Tue	7:47	9.6	8:33	8.5	1:22	0.7	2:14	0.2	7:02	4:50	
28	Wed	8:52	9.9	9:33	8.8	2:27	0.6	3:17	-0.2	7:02	4:51	
29	Thu	9:48	10.2	10:24	9.2	3:26	0.2	4:10	-0.5	7:01	4:52	
30	Fri	10:36	10.5	11:08	9.5	4:18	-0.1	4:55	-0.7	7:00	4:53	
31	Sat	11:19	10.5	11:48	9.6	5:03	-0.3	5:35	-0.8	6:59	4:55	