

Lynn Harbor, MA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:37	10.1	11:56	9.7	5:24	-0.3	5:46	-0.3	6:18	5:33	●
2	Tue			12:12	10.0	6:00	-0.3	6:20	-0.1	6:16	5:34	●
3	Wed	12:30	9.6	12:48	9.7	6:37	-0.2	6:54	0.2	6:15	5:36	●
4	Thu	1:04	9.5	1:25	9.4	7:14	0.0	7:29	0.5	6:13	5:37	●
5	Fri	1:39	9.3	2:03	9.0	7:52	0.3	8:06	0.8	6:11	5:38	◐
6	Sat	2:16	9.0	2:43	8.6	8:32	0.7	8:46	1.2	6:10	5:39	◐
7	Sun	2:56	8.8	3:27	8.1	9:15	1.0	9:29	1.5	6:08	5:40	◐
8	Mon	3:41	8.6	4:17	7.8	10:04	1.3	10:18	1.8	6:06	5:42	◐
9	Tue	4:32	8.4	5:14	7.6	10:59	1.4	11:15	1.9	6:05	5:43	◐
10	Wed	5:31	8.5	6:15	7.7	11:59	1.4			6:03	5:44	◐
11	Thu	6:33	8.7	7:15	8.1	12:16	1.7	12:59	1.0	6:01	5:45	◐
12	Fri	7:33	9.2	8:11	8.8	1:16	1.2	1:57	0.4	6:00	5:46	◐
13	Sat	8:31	9.9	9:04	9.6	2:14	0.5	2:50	-0.3	5:58	5:48	○
14	Sun	9:24	10.6	9:53	10.4	3:09	-0.4	3:40	-0.9	5:56	5:49	○
15	Mon	10:15	11.1	10:39	11.1	4:00	-1.2	4:28	-1.5	5:54	5:50	○
16	Tue	11:04	11.5	11:25	11.6	4:50	-1.9	5:15	-1.8	5:53	5:51	○
17	Wed	11:53	11.5			5:39	-2.3	6:02	-1.8	5:51	5:52	○
18	Thu	12:12	11.8	12:43	11.3	6:29	-2.4	6:50	-1.6	5:49	5:53	○
19	Fri	1:01	11.7	1:35	10.8	7:20	-2.1	7:41	-1.1	5:48	5:54	○
20	Sat	1:53	11.3	2:29	10.1	8:14	-1.5	8:34	-0.4	5:46	5:56	○
21	Sun	2:47	10.7	3:28	9.5	9:10	-0.8	9:31	0.2	5:44	5:57	○
22	Mon	3:46	10.1	4:32	8.8	10:11	-0.1	10:33	0.9	5:42	5:58	○
23	Tue	4:52	9.5	5:41	8.5	11:18	0.5	11:41	1.2	5:41	5:59	◐
24	Wed	6:02	9.1	6:52	8.4			12:28	0.8	5:39	6:00	◐
25	Thu	7:12	9.0	7:57	8.6	12:51	1.3	1:36	0.8	5:37	6:01	◐
26	Fri	8:16	9.1	8:52	8.9	1:57	1.1	2:35	0.7	5:35	6:02	◐
27	Sat	9:10	9.3	9:38	9.2	2:54	0.8	3:24	0.5	5:34	6:04	◐
28	Sun	9:56	9.5	10:17	9.5	3:41	0.4	4:05	0.4	5:32	6:05	◐
29	Mon	10:35	9.6	10:52	9.7	4:22	0.1	4:41	0.3	5:30	6:06	◐
30	Tue	11:12	9.7	11:25	9.8	4:59	-0.1	5:15	0.3	5:28	6:07	◐
31	Wed	11:47	9.6			5:35	-0.2	5:48	0.4	5:27	6:08	●