

Lynn Harbor, MA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:16	10.5	2:52	9.7	8:38	-0.6	8:54	0.2	5:10	8:24	
2	Fri	3:04	10.4	3:39	10.0	9:24	-0.6	9:46	0.1	5:11	8:24	
3	Sat	3:56	10.2	4:29	10.2	10:13	-0.5	10:41	0.0	5:11	8:24	
4	Sun	4:50	9.9	5:22	10.4	11:05	-0.3	11:39	-0.1	5:12	8:24	
5	Mon	5:49	9.6	6:18	10.5			12:00	-0.1	5:12	8:23	
6	Tue	6:50	9.4	7:17	10.7	12:39	-0.1	12:58	0.1	5:13	8:23	
7	Wed	7:53	9.3	8:16	10.8	1:41	-0.3	1:57	0.1	5:14	8:23	
8	Thu	8:57	9.3	9:16	11.0	2:43	-0.5	2:57	0.1	5:14	8:22	
9	Fri	9:58	9.4	10:14	11.1	3:44	-0.7	3:56	0.0	5:15	8:22	
10	Sat	10:56	9.6	11:09	11.1	4:41	-0.9	4:52	-0.1	5:16	8:21	
11	Sun	11:50	9.7			5:34	-1.0	5:45	-0.1	5:17	8:21	
12	Mon	12:01	11.1	12:40	9.8	6:24	-1.0	6:36	0.0	5:17	8:20	
13	Tue	12:51	10.8	1:29	9.7	7:12	-0.8	7:26	0.1	5:18	8:20	
14	Wed	1:39	10.5	2:16	9.6	7:58	-0.5	8:15	0.4	5:19	8:19	
15	Thu	2:26	10.1	3:02	9.4	8:44	-0.1	9:03	0.7	5:20	8:19	
16	Fri	3:14	9.6	3:47	9.2	9:28	0.3	9:51	1.0	5:21	8:18	
17	Sat	4:01	9.2	4:33	9.0	10:13	0.8	10:40	1.3	5:21	8:17	
18	Sun	4:49	8.7	5:19	8.9	10:59	1.2	11:31	1.5	5:22	8:17	
19	Mon	5:40	8.3	6:07	8.7	11:46	1.5			5:23	8:16	
20	Tue	6:33	8.0	6:56	8.7	12:23	1.6	12:35	1.8	5:24	8:15	
21	Wed	7:27	7.9	7:45	8.8	1:17	1.6	1:25	1.9	5:25	8:14	
22	Thu	8:20	7.9	8:35	9.0	2:09	1.5	2:15	1.9	5:26	8:13	
23	Fri	9:12	8.0	9:23	9.3	3:00	1.2	3:04	1.7	5:27	8:12	
24	Sat	10:01	8.2	10:10	9.7	3:49	0.9	3:52	1.4	5:28	8:12	
25	Sun	10:47	8.6	10:54	10.1	4:34	0.4	4:39	1.0	5:29	8:11	
26	Mon	11:30	9.0	11:38	10.4	5:17	0.0	5:24	0.6	5:30	8:10	
27	Tue			12:12	9.4	6:00	-0.4	6:09	0.2	5:31	8:09	
28	Wed	12:22	10.7	12:55	9.8	6:43	-0.7	6:55	-0.2	5:32	8:08	
29	Thu	1:07	10.8	1:40	10.1	7:27	-0.9	7:44	-0.4	5:33	8:07	
30	Fri	1:55	10.8	2:26	10.4	8:12	-1.0	8:34	-0.6	5:34	8:05	
31	Sat	2:45	10.6	3:14	10.6	9:00	-0.9	9:27	-0.6	5:35	8:04	