

Lynn Harbor, MA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:38	10.3	4:05	10.7	9:50	-0.6	10:22	-0.5	5:36	8:03	
2	Mon	4:34	9.9	5:00	10.7	10:43	-0.3	11:21	-0.4	5:37	8:02	
3	Tue	5:33	9.5	5:58	10.6	11:40	0.0			5:38	8:01	
4	Wed	6:36	9.2	7:00	10.5	12:23	-0.2	12:40	0.3	5:39	8:00	
5	Thu	7:41	9.0	8:02	10.5	1:26	-0.1	1:42	0.5	5:40	7:58	
6	Fri	8:46	9.0	9:04	10.5	2:30	-0.1	2:44	0.5	5:41	7:57	
7	Sat	9:48	9.1	10:03	10.6	3:31	-0.3	3:44	0.3	5:42	7:56	
8	Sun	10:44	9.4	10:58	10.6	4:28	-0.4	4:40	0.2	5:43	7:54	
9	Mon	11:35	9.6	11:47	10.6	5:19	-0.5	5:31	0.1	5:44	7:53	
10	Tue			12:21	9.7	6:06	-0.5	6:19	0.0	5:45	7:52	
11	Wed	12:33	10.4	1:05	9.7	6:49	-0.4	7:05	0.1	5:46	7:50	
12	Thu	1:17	10.1	1:46	9.6	7:31	-0.1	7:49	0.3	5:47	7:49	
13	Fri	2:00	9.8	2:28	9.5	8:12	0.2	8:33	0.6	5:48	7:48	
14	Sat	2:44	9.4	3:09	9.3	8:53	0.6	9:18	0.8	5:50	7:46	
15	Sun	3:28	9.0	3:51	9.1	9:35	1.0	10:03	1.1	5:51	7:45	
16	Mon	4:13	8.6	4:34	8.9	10:17	1.3	10:50	1.4	5:52	7:43	
17	Tue	5:01	8.2	5:20	8.7	11:03	1.7	11:40	1.6	5:53	7:42	
18	Wed	5:52	7.9	6:10	8.6	11:51	1.9			5:54	7:40	
19	Thu	6:45	7.8	7:01	8.7	12:32	1.6	12:42	2.0	5:55	7:39	
20	Fri	7:39	7.8	7:53	8.9	1:26	1.5	1:34	1.9	5:56	7:37	
21	Sat	8:32	8.0	8:45	9.3	2:19	1.3	2:27	1.7	5:57	7:36	
22	Sun	9:23	8.4	9:35	9.7	3:10	0.8	3:18	1.3	5:58	7:34	
23	Mon	10:11	8.9	10:23	10.2	3:58	0.3	4:08	0.7	5:59	7:32	
24	Tue	10:57	9.5	11:11	10.6	4:44	-0.2	4:57	0.1	6:00	7:31	
25	Wed	11:41	10.0	11:58	10.9	5:29	-0.7	5:45	-0.5	6:01	7:29	
26	Thu			12:26	10.6	6:14	-1.0	6:33	-0.9	6:02	7:28	
27	Fri	12:45	11.1	1:12	10.9	7:00	-1.2	7:23	-1.2	6:03	7:26	
28	Sat	1:35	11.0	1:59	11.1	7:47	-1.2	8:14	-1.3	6:04	7:24	
29	Sun	2:27	10.7	2:50	11.2	8:37	-1.0	9:08	-1.1	6:06	7:23	
30	Mon	3:21	10.3	3:43	11.0	9:28	-0.6	10:04	-0.9	6:07	7:21	
31	Tue	4:18	9.8	4:40	10.8	10:23	-0.2	11:03	-0.5	6:08	7:19	