

Lynn Harbor, MA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:09	9.0	6:27	9.9			12:07	0.9	6:41	6:25	
2	Sat	7:15	8.9	7:33	9.6	12:53	0.3	1:13	1.0	6:42	6:23	
3	Sun	8:19	8.9	8:36	9.5	1:57	0.5	2:18	1.0	6:43	6:21	
4	Mon	9:17	9.1	9:35	9.5	2:57	0.5	3:19	0.9	6:44	6:20	
5	Tue	10:09	9.3	10:27	9.5	3:51	0.5	4:13	0.6	6:45	6:18	
6	Wed	10:54	9.6	11:12	9.6	4:38	0.4	5:00	0.4	6:46	6:16	
7	Thu	11:34	9.7	11:53	9.5	5:19	0.4	5:42	0.2	6:47	6:15	
8	Fri			12:10	9.8	5:57	0.5	6:21	0.2	6:49	6:13	
9	Sat	12:32	9.5	12:46	9.8	6:33	0.6	6:59	0.2	6:50	6:11	
10	Sun	1:10	9.3	1:22	9.7	7:09	0.8	7:37	0.3	6:51	6:10	
11	Mon	1:49	9.1	1:59	9.6	7:46	1.0	8:17	0.5	6:52	6:08	
12	Tue	2:28	8.8	2:37	9.5	8:25	1.2	8:57	0.7	6:53	6:06	
13	Wed	3:09	8.6	3:17	9.3	9:05	1.4	9:39	0.8	6:54	6:05	
14	Thu	3:52	8.3	3:59	9.2	9:47	1.6	10:23	1.0	6:55	6:03	
15	Fri	4:38	8.2	4:46	9.1	10:33	1.7	11:11	1.0	6:57	6:01	
16	Sat	5:27	8.2	5:37	9.0	11:24	1.8			6:58	6:00	
17	Sun	6:20	8.3	6:32	9.1	12:03	1.0	12:20	1.6	6:59	5:58	
18	Mon	7:14	8.6	7:30	9.3	12:57	0.8	1:18	1.3	7:00	5:57	
19	Tue	8:08	9.2	8:28	9.6	1:52	0.5	2:16	0.7	7:01	5:55	
20	Wed	9:02	9.8	9:25	10.0	2:46	0.1	3:13	0.0	7:03	5:54	
21	Thu	9:54	10.5	10:21	10.4	3:40	-0.4	4:09	-0.7	7:04	5:52	
22	Fri	10:45	11.2	11:15	10.8	4:31	-0.8	5:02	-1.4	7:05	5:51	
23	Sat	11:35	11.8			5:22	-1.1	5:54	-1.9	7:06	5:49	
24	Sun	12:07	10.9	12:25	12.1	6:12	-1.3	6:46	-2.1	7:07	5:48	
25	Mon	1:00	10.8	1:16	12.1	7:03	-1.2	7:39	-2.0	7:09	5:46	
26	Tue	1:54	10.6	2:08	11.8	7:55	-0.9	8:33	-1.7	7:10	5:45	
27	Wed	2:49	10.2	3:03	11.4	8:48	-0.5	9:28	-1.2	7:11	5:43	
28	Thu	3:46	9.8	4:00	10.8	9:44	0.0	10:25	-0.6	7:12	5:42	
29	Fri	4:45	9.4	4:59	10.1	10:43	0.5	11:24	0.0	7:14	5:41	
30	Sat	5:47	9.0	6:02	9.6	11:45	1.0			7:15	5:39	
31	Sun	5:50	8.9	6:07	9.1	12:26	0.5	11:51 AM	1.2	6:16	4:38	