

Lynn Harbor, MA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:52	8.8	7:10	8.9	12:28	0.8	12:56	1.3	6:17	4:37	
2	Tue	7:50	8.9	8:10	8.8	1:27	0.9	1:57	1.2	6:18	4:35	
3	Wed	8:41	9.1	9:03	8.9	2:21	1.0	2:52	0.9	6:20	4:34	
4	Thu	9:27	9.4	9:50	9.0	3:09	1.0	3:40	0.6	6:21	4:33	
5	Fri	10:07	9.6	10:31	9.0	3:51	0.9	4:21	0.4	6:22	4:32	
6	Sat	10:44	9.7	11:10	9.1	4:29	0.9	5:00	0.2	6:23	4:30	
7	Sun	11:20	9.9	11:48	9.0	5:05	0.9	5:37	0.1	6:25	4:29	
8	Mon	11:55	9.9			5:41	0.9	6:13	0.1	6:26	4:28	
9	Tue	12:25	8.9	12:31	9.9	6:18	0.9	6:51	0.2	6:27	4:27	
10	Wed	1:03	8.8	1:08	9.8	6:56	1.0	7:29	0.2	6:29	4:26	
11	Thu	1:42	8.7	1:47	9.7	7:35	1.1	8:10	0.3	6:30	4:25	
12	Fri	2:22	8.6	2:28	9.6	8:17	1.2	8:52	0.4	6:31	4:24	
13	Sat	3:05	8.6	3:12	9.5	9:02	1.3	9:37	0.5	6:32	4:23	
14	Sun	3:51	8.6	4:01	9.4	9:52	1.3	10:26	0.5	6:34	4:22	
15	Mon	4:42	8.8	4:57	9.3	10:47	1.2	11:20	0.5	6:35	4:21	
16	Tue	5:36	9.1	5:57	9.3	11:47	0.9			6:36	4:20	
17	Wed	6:33	9.5	6:59	9.4	12:17	0.3	12:48	0.5	6:37	4:20	
18	Thu	7:30	10.1	8:01	9.6	1:14	0.1	1:49	-0.1	6:38	4:19	
19	Fri	8:27	10.7	9:01	10.0	2:11	-0.2	2:49	-0.8	6:40	4:18	
20	Sat	9:23	11.4	9:58	10.3	3:07	-0.6	3:45	-1.4	6:41	4:17	
21	Sun	10:16	11.8	10:53	10.5	4:01	-0.9	4:39	-1.9	6:42	4:17	
22	Mon	11:08	12.1	11:46	10.6	4:53	-1.1	5:32	-2.1	6:43	4:16	
23	Tue			12:00	12.1	5:45	-1.1	6:24	-2.1	6:44	4:15	
24	Wed	12:39	10.5	12:52	11.8	6:37	-1.0	7:15	-1.8	6:46	4:15	
25	Thu	1:32	10.2	1:44	11.3	7:30	-0.6	8:08	-1.3	6:47	4:14	
26	Fri	2:25	9.9	2:38	10.7	8:23	-0.1	9:00	-0.7	6:48	4:14	
27	Sat	3:19	9.5	3:32	10.0	9:19	0.5	9:54	0.0	6:49	4:13	
28	Sun	4:16	9.1	4:30	9.3	10:17	1.0	10:50	0.6	6:50	4:13	
29	Mon	5:14	8.8	5:31	8.7	11:18	1.4	11:49	1.1	6:51	4:12	
30	Tue	6:13	8.6	6:34	8.3			12:22	1.5	6:52	4:12	