

Lynn Harbor, MA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:23	9.0	3:37	9.2	9:29	0.7	9:56	0.3	7:13	4:21	
2	Mon	4:09	9.0	4:29	8.9	10:21	0.8	10:47	0.5	7:13	4:22	
3	Tue	5:02	9.1	5:29	8.7	11:20	0.8	11:44	0.6	7:13	4:23	
4	Wed	6:00	9.4	6:33	8.6			12:23	0.5	7:13	4:24	
5	Thu	7:02	9.8	7:40	8.8	12:45	0.5	1:28	0.1	7:13	4:25	
6	Fri	8:04	10.3	8:44	9.2	1:47	0.2	2:31	-0.5	7:13	4:26	
7	Sat	9:05	10.9	9:44	9.7	2:47	-0.3	3:30	-1.2	7:13	4:27	
8	Sun	10:01	11.5	10:39	10.2	3:45	-0.8	4:25	-1.8	7:12	4:28	
9	Mon	10:55	11.9	11:31	10.6	4:39	-1.3	5:17	-2.2	7:12	4:29	
10	Tue	11:46	12.1			5:31	-1.5	6:07	-2.3	7:12	4:30	
11	Wed	12:22	10.7	12:37	11.9	6:22	-1.6	6:57	-2.2	7:12	4:31	
12	Thu	1:12	10.7	1:28	11.4	7:14	-1.3	7:46	-1.7	7:11	4:32	
13	Fri	2:02	10.4	2:19	10.8	8:06	-0.9	8:35	-1.1	7:11	4:33	
14	Sat	2:53	10.0	3:11	10.0	8:59	-0.3	9:26	-0.3	7:11	4:34	
15	Sun	3:45	9.5	4:06	9.2	9:54	0.3	10:19	0.4	7:10	4:35	
16	Mon	4:41	9.0	5:06	8.4	10:54	0.9	11:17	1.1	7:10	4:37	
17	Tue	5:41	8.6	6:11	7.9	11:59	1.3			7:09	4:38	
18	Wed	6:44	8.4	7:18	7.7	12:18	1.5	1:07	1.4	7:09	4:39	
19	Thu	7:45	8.5	8:21	7.8	1:20	1.7	2:12	1.3	7:08	4:40	
20	Fri	8:41	8.7	9:15	8.0	2:18	1.6	3:07	0.9	7:07	4:41	
21	Sat	9:29	9.1	10:00	8.3	3:09	1.4	3:52	0.6	7:07	4:43	
22	Sun	10:10	9.5	10:39	8.6	3:51	1.0	4:30	0.2	7:06	4:44	
23	Mon	10:47	9.8	11:14	8.9	4:30	0.7	5:04	-0.1	7:05	4:45	
24	Tue	11:22	10.1	11:48	9.1	5:06	0.4	5:38	-0.3	7:04	4:46	
25	Wed	11:56	10.2			5:41	0.1	6:11	-0.5	7:04	4:48	
26	Thu	12:22	9.3	12:31	10.2	6:18	0.0	6:46	-0.5	7:03	4:49	
27	Fri	12:56	9.4	1:07	10.2	6:55	-0.1	7:22	-0.5	7:02	4:50	
28	Sat	1:31	9.5	1:44	10.0	7:34	-0.1	7:59	-0.4	7:01	4:52	
29	Sun	2:09	9.5	2:25	9.7	8:16	-0.1	8:40	-0.2	7:00	4:53	
30	Mon	2:50	9.6	3:10	9.4	9:02	0.0	9:26	0.0	6:59	4:54	
31	Tue	3:36	9.5	4:03	9.0	9:54	0.2	10:17	0.3	6:58	4:55	