

Lynn Harbor, MA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:18	8.7	9:36	9.7	3:07	0.5	3:15	1.1	5:10	8:24	
2	Sun	10:11	8.7	10:24	9.8	4:00	0.4	4:05	1.2	5:10	8:24	
3	Mon	10:59	8.7	11:07	9.9	4:48	0.3	4:51	1.1	5:11	8:24	
4	Tue	11:42	8.8	11:48	9.9	5:31	0.2	5:33	1.1	5:11	8:24	
5	Wed			12:22	8.8	6:11	0.2	6:13	1.1	5:12	8:24	
6	Thu	12:27	9.9	1:01	8.9	6:49	0.2	6:52	1.1	5:13	8:23	
7	Fri	1:06	9.8	1:40	8.9	7:26	0.2	7:32	1.2	5:13	8:23	
8	Sat	1:45	9.7	2:19	8.9	8:04	0.3	8:13	1.2	5:14	8:23	
9	Sun	2:24	9.6	2:58	8.9	8:42	0.4	8:54	1.2	5:15	8:22	
10	Mon	3:05	9.4	3:37	8.9	9:21	0.5	9:37	1.2	5:15	8:22	
11	Tue	3:47	9.2	4:18	9.1	10:02	0.6	10:22	1.1	5:16	8:21	
12	Wed	4:31	9.1	5:01	9.2	10:45	0.6	11:11	1.0	5:17	8:21	
13	Thu	5:19	9.0	5:48	9.5	11:32	0.7			5:18	8:20	
14	Fri	6:12	8.9	6:38	9.8	12:03	0.8	12:22	0.7	5:19	8:20	
15	Sat	7:08	8.9	7:32	10.1	12:59	0.5	1:16	0.6	5:19	8:19	
16	Sun	8:06	9.1	8:27	10.6	1:57	0.1	2:13	0.4	5:20	8:18	
17	Mon	9:06	9.3	9:24	11.0	2:55	-0.4	3:10	0.1	5:21	8:18	
18	Tue	10:05	9.7	10:21	11.5	3:53	-0.9	4:07	-0.3	5:22	8:17	
19	Wed	11:02	10.0	11:17	11.8	4:49	-1.4	5:03	-0.6	5:23	8:16	
20	Thu	11:57	10.4			5:43	-1.7	5:58	-0.9	5:24	8:15	
21	Fri	12:12	11.9	12:51	10.6	6:35	-1.8	6:53	-1.0	5:25	8:15	
22	Sat	1:07	11.8	1:45	10.7	7:28	-1.8	7:48	-0.9	5:26	8:14	
23	Sun	2:02	11.4	2:40	10.6	8:21	-1.5	8:44	-0.7	5:27	8:13	
24	Mon	2:58	10.9	3:34	10.5	9:14	-1.0	9:41	-0.4	5:27	8:12	
25	Tue	3:54	10.3	4:29	10.2	10:07	-0.5	10:38	0.0	5:28	8:11	
26	Wed	4:52	9.7	5:24	9.9	11:01	0.1	11:38	0.4	5:29	8:10	
27	Thu	5:51	9.2	6:21	9.6	11:57	0.6			5:30	8:09	
28	Fri	6:52	8.7	7:18	9.4	12:39	0.7	12:54	1.1	5:31	8:08	
29	Sat	7:52	8.4	8:14	9.3	1:40	0.8	1:51	1.4	5:32	8:07	
30	Sun	8:50	8.3	9:07	9.3	2:40	0.9	2:46	1.5	5:33	8:06	
31	Mon	9:44	8.4	9:56	9.4	3:34	0.8	3:37	1.5	5:34	8:05	