

Lynn Harbor, MA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:38	8.8	5:12	8.7	10:54	1.0	11:15	1.7	5:10	8:24	
2	Mon	5:25	8.6	5:57	8.7	11:38	1.2			5:10	8:24	
3	Tue	6:15	8.4	6:43	8.9	12:05	1.7	12:25	1.3	5:11	8:24	
4	Wed	7:06	8.4	7:30	9.1	12:56	1.5	1:13	1.3	5:11	8:24	
5	Thu	7:58	8.4	8:18	9.5	1:48	1.2	2:03	1.2	5:12	8:24	
6	Fri	8:51	8.6	9:08	10.0	2:40	0.7	2:53	1.0	5:13	8:23	
7	Sat	9:44	8.9	9:58	10.5	3:32	0.2	3:44	0.6	5:13	8:23	
8	Sun	10:36	9.3	10:48	11.0	4:24	-0.4	4:36	0.3	5:14	8:23	
9	Mon	11:27	9.6	11:38	11.4	5:14	-0.9	5:26	-0.1	5:15	8:22	
10	Tue			12:18	10.0	6:04	-1.3	6:18	-0.4	5:15	8:22	
11	Wed	12:29	11.6	1:10	10.2	6:55	-1.6	7:10	-0.6	5:16	8:21	
12	Thu	1:22	11.6	2:02	10.4	7:46	-1.6	8:04	-0.7	5:17	8:21	
13	Fri	2:17	11.4	2:56	10.5	8:38	-1.5	9:00	-0.6	5:18	8:20	
14	Sat	3:13	11.1	3:51	10.5	9:32	-1.2	9:58	-0.5	5:18	8:20	
15	Sun	4:11	10.6	4:47	10.4	10:26	-0.8	10:57	-0.3	5:19	8:19	
16	Mon	5:11	10.1	5:45	10.3	11:22	-0.3	11:59	0.0	5:20	8:19	
17	Tue	6:13	9.6	6:45	10.2			12:20	0.1	5:21	8:18	
18	Wed	7:17	9.2	7:44	10.1	1:03	0.1	1:20	0.5	5:22	8:17	
19	Thu	8:19	8.9	8:42	10.0	2:06	0.2	2:19	0.7	5:23	8:16	
20	Fri	9:20	8.8	9:38	10.0	3:07	0.2	3:16	0.9	5:24	8:16	
21	Sat	10:16	8.9	10:30	10.1	4:04	0.1	4:09	0.9	5:24	8:15	
22	Sun	11:06	8.9	11:16	10.1	4:54	0.0	4:58	0.8	5:25	8:14	
23	Mon	11:51	9.0	11:59	10.1	5:39	0.0	5:43	0.8	5:26	8:13	
24	Tue			12:33	9.0	6:21	0.0	6:25	0.8	5:27	8:12	
25	Wed	12:39	10.0	1:12	9.0	7:00	0.0	7:06	0.9	5:28	8:11	
26	Thu	1:19	9.9	1:51	9.0	7:38	0.2	7:47	1.0	5:29	8:10	
27	Fri	1:59	9.7	2:30	9.0	8:16	0.3	8:27	1.1	5:30	8:09	
28	Sat	2:39	9.4	3:09	8.9	8:54	0.5	9:09	1.2	5:31	8:08	
29	Sun	3:20	9.2	3:48	8.9	9:33	0.7	9:52	1.3	5:32	8:07	
30	Mon	4:02	8.9	4:29	8.9	10:13	0.9	10:36	1.3	5:33	8:06	
31	Tue	4:47	8.7	5:12	9.0	10:56	1.1	11:24	1.3	5:34	8:05	