

Lynn Harbor, MA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:23	10.6	10:56	9.4	4:02	0.0	4:44	-0.9	7:13	4:21	
2	Wed	11:08	10.7	11:40	9.5	4:49	-0.1	5:29	-1.0	7:13	4:21	
3	Thu	11:50	10.7			5:34	-0.1	6:10	-0.9	7:13	4:22	
4	Fri	12:22	9.4	12:30	10.5	6:16	0.0	6:51	-0.7	7:13	4:23	
5	Sat	1:02	9.3	1:10	10.2	6:57	0.2	7:30	-0.4	7:13	4:24	
6	Sun	1:41	9.1	1:49	9.8	7:38	0.5	8:09	0.0	7:13	4:25	
7	Mon	2:21	8.8	2:30	9.4	8:19	0.8	8:49	0.4	7:13	4:26	
8	Tue	3:01	8.6	3:12	8.9	9:02	1.2	9:30	0.8	7:13	4:27	
9	Wed	3:44	8.3	3:58	8.4	9:47	1.5	10:14	1.2	7:12	4:28	
10	Thu	4:30	8.1	4:48	8.0	10:37	1.8	11:03	1.6	7:12	4:29	
11	Fri	5:20	8.0	5:45	7.7	11:32	1.9	11:55	1.8	7:12	4:30	
12	Sat	6:14	8.1	6:44	7.6			12:31	1.8	7:12	4:31	
13	Sun	7:09	8.3	7:44	7.7	12:50	1.8	1:29	1.5	7:11	4:33	
14	Mon	8:03	8.8	8:41	8.1	1:45	1.5	2:26	0.9	7:11	4:34	
15	Tue	8:55	9.5	9:32	8.6	2:38	1.1	3:18	0.2	7:10	4:35	
16	Wed	9:44	10.2	10:20	9.2	3:28	0.5	4:06	-0.6	7:10	4:36	
17	Thu	10:30	10.9	11:05	9.7	4:16	-0.1	4:52	-1.3	7:09	4:37	
18	Fri	11:16	11.5	11:50	10.1	5:02	-0.7	5:38	-1.8	7:09	4:38	
19	Sat			12:02	11.8	5:49	-1.1	6:24	-2.1	7:08	4:40	
20	Sun	12:36	10.4	12:50	11.8	6:38	-1.4	7:11	-2.1	7:08	4:41	
21	Mon	1:23	10.5	1:40	11.5	7:28	-1.4	7:59	-1.8	7:07	4:42	
22	Tue	2:13	10.5	2:32	11.0	8:20	-1.2	8:49	-1.4	7:06	4:43	
23	Wed	3:04	10.3	3:27	10.3	9:15	-0.8	9:42	-0.7	7:06	4:45	
24	Thu	4:00	10.0	4:27	9.5	10:15	-0.3	10:40	-0.1	7:05	4:46	
25	Fri	5:01	9.7	5:34	8.9	11:20	0.1	11:43	0.5	7:04	4:47	
26	Sat	6:07	9.4	6:45	8.5			12:30	0.4	7:03	4:48	
27	Sun	7:15	9.4	7:57	8.4	12:49	0.8	1:40	0.4	7:02	4:50	
28	Mon	8:22	9.5	9:02	8.6	1:54	0.8	2:47	0.2	7:01	4:51	
29	Tue	9:21	9.8	9:57	8.8	2:56	0.6	3:44	-0.2	7:01	4:52	
30	Wed	10:11	10.1	10:43	9.1	3:49	0.4	4:31	-0.4	7:00	4:54	
31	Thu	10:54	10.3	11:23	9.3	4:35	0.1	5:12	-0.6	6:59	4:55	