

































## Lynn Harbor, MA - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:21	9.0	10:33	10.9	4:08	-0.5	4:14	0.5	5:10	8:24	
2	Sun	11:18	9.1	11:27	10.9	5:04	-0.7	5:09	0.5	5:11	8:24	
3	Mon			12:10	9.2	5:57	-0.7	6:01	0.5	5:11	8:24	
4	Tue	12:19	10.8	1:00	9.2	6:46	-0.6	6:52	0.6	5:12	8:24	
5	Wed	1:08	10.5	1:49	9.2	7:34	-0.4	7:41	0.8	5:12	8:23	
6	Thu	1:55	10.2	2:35	9.1	8:19	-0.1	8:29	1.0	5:13	8:23	
7	Fri	2:42	9.8	3:20	9.0	9:04	0.2	9:17	1.2	5:14	8:23	
8	Sat	3:29	9.3	4:04	8.8	9:47	0.6	10:05	1.5	5:14	8:22	
9	Sun	4:15	8.9	4:48	8.7	10:30	1.0	10:53	1.7	5:15	8:22	
10	Mon	5:04	8.5	5:32	8.6	11:15	1.5	11:44	1.8	5:16	8:22	
11	Tue	5:54	8.1	6:19	8.5			12:01	1.8	5:16	8:21	
12	Wed	6:47	7.8	7:06	8.5	12:36	1.9	12:49	2.1	5:17	8:21	
13	Thu	7:42	7.6	7:55	8.6	1:29	1.8	1:38	2.2	5:18	8:20	
14	Fri	8:36	7.6	8:45	8.9	2:23	1.6	2:28	2.2	5:19	8:19	
15	Sat	9:29	7.7	9:34	9.2	3:15	1.4	3:18	2.1	5:20	8:19	
16	Sun	10:19	7.9	10:22	9.6	4:05	1.0	4:06	1.8	5:21	8:18	
17	Mon	11:06	8.2	11:08	10.1	4:51	0.5	4:53	1.4	5:21	8:17	
18	Tue	11:50	8.6	11:53	10.5	5:35	0.0	5:39	1.0	5:22	8:17	
19	Wed			12:33	9.0	6:19	-0.4	6:25	0.6	5:23	8:16	
20	Thu	12:38	10.8	1:17	9.4	7:03	-0.7	7:13	0.2	5:24	8:15	
21	Fri	1:25	10.9	2:02	9.8	7:47	-0.8	8:03	-0.1	5:25	8:14	
22	Sat	2:14	10.8	2:48	10.1	8:33	-0.8	8:55	-0.3	5:26	8:14	
23	Sun	3:05	10.5	3:37	10.3	9:21	-0.7	9:48	-0.3	5:27	8:13	
24	Mon	3:59	10.1	4:27	10.4	10:10	-0.4	10:45	-0.3	5:28	8:12	
25	Tue	4:55	9.7	5:21	10.4	11:03	0.0	11:45	-0.2	5:29	8:11	
26	Wed	5:56	9.2	6:19	10.4	11:59	0.4			5:30	8:10	
27	Thu	7:00	8.8	7:20	10.3	12:48	0.0	12:59	0.8	5:31	8:09	
28	Fri	8:05	8.5	8:23	10.3	1:52	0.1	2:00	0.9	5:32	8:08	
29	Sat	9:10	8.5	9:25	10.3	2:57	0.0	3:02	1.0	5:33	8:07	
30	Sun	10:12	8.6	10:24	10.4	3:58	-0.1	4:02	0.9	5:34	8:06	
31	Mon	11:07	8.9	11:17	10.4	4:54	-0.2	4:57	0.7	5:35	8:05	