

































Lynn Harbor, MA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:30	11.0	2:02	10.2	7:51	-1.5	8:08	-0.6	6:19	5:33	
2	Fri	2:18	10.8	2:55	9.5	8:43	-1.1	8:59	0.0	6:17	5:34	
3	Sat	3:12	10.3	3:54	8.8	9:41	-0.4	9:56	0.6	6:15	5:35	
4	Sun	4:13	9.8	5:01	8.2	10:46	0.2	11:01	1.2	6:14	5:36	
5	Mon	5:23	9.4	6:17	7.9	11:58	0.6			6:12	5:38	
6	Tue	6:39	9.2	7:32	8.1	12:13	1.4	1:13	0.6	6:10	5:39	
7	Wed	7:53	9.3	8:39	8.5	1:26	1.2	2:22	0.4	6:09	5:40	
8	Thu	8:58	9.6	9:34	9.0	2:33	0.8	3:19	0.1	6:07	5:41	
9	Fri	9:52	9.9	10:20	9.5	3:31	0.3	4:07	-0.2	6:05	5:42	
10	Sat	10:37	10.1	11:00	9.8	4:19	-0.1	4:48	-0.3	6:04	5:44	
11	Sun	11:18	10.1	11:36	9.9	5:02	-0.3	5:26	-0.3	6:02	5:45	
12	Mon	11:56	10.0			5:42	-0.4	6:01	-0.1	6:00	5:46	
13	Tue	12:10	9.9	12:33	9.7	6:20	-0.3	6:37	0.2	5:59	5:47	
14	Wed	12:45	9.7	1:10	9.3	6:57	-0.1	7:13	0.6	5:57	5:48	
15	Thu	1:20	9.5	1:49	8.9	7:36	0.2	7:50	1.1	5:55	5:49	
16	Fri	1:58	9.1	2:29	8.4	8:16	0.7	8:29	1.5	5:53	5:51	
17	Sat	2:38	8.8	3:14	7.9	8:59	1.1	9:12	1.9	5:52	5:52	
18	Sun	3:22	8.4	4:03	7.5	9:47	1.5	10:00	2.3	5:50	5:53	
19	Mon	4:13	8.2	5:00	7.2	10:41	1.8	10:55	2.5	5:48	5:54	
20	Tue	5:11	8.1	6:01	7.2	11:41	1.8	11:55	2.4	5:46	5:55	
21	Wed	6:12	8.3	7:01	7.4			12:41	1.6	5:45	5:56	
22	Thu	7:12	8.6	7:55	8.0	12:55	2.1	1:36	1.2	5:43	5:57	
23	Fri	8:07	9.2	8:43	8.7	1:51	1.4	2:27	0.6	5:41	5:59	
24	Sat	8:58	9.8	9:28	9.5	2:44	0.6	3:14	0.0	5:39	6:00	
25	Sun	9:47	10.4	10:10	10.3	3:33	-0.3	3:58	-0.6	5:38	6:01	
26	Mon	10:33	10.8	10:52	11.0	4:20	-1.1	4:42	-1.0	5:36	6:02	
27	Tue	11:19	11.0	11:35	11.4	5:07	-1.7	5:26	-1.1	5:34	6:03	
28	Wed			12:07	10.9	5:54	-2.0	6:11	-1.0	5:33	6:04	
29	Thu	12:21	11.6	12:56	10.6	6:43	-2.0	6:59	-0.7	5:31	6:05	
30	Fri	1:09	11.4	1:48	10.0	7:35	-1.7	7:49	-0.3	5:29	6:07	
31	Sat	2:01	11.0	2:44	9.4	8:30	-1.1	8:44	0.3	5:27	6:08	