































## Lynn Harbor, MA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:11	7.5	8:21	8.7	1:58	1.7	2:03	2.3	5:36	8:04	
2	Thu	9:06	7.6	9:12	8.9	2:53	1.5	2:54	2.2	5:37	8:02	
3	Fri	9:57	7.7	10:00	9.3	3:44	1.3	3:43	2.0	5:38	8:01	
4	Sat	10:42	8.0	10:44	9.6	4:29	0.9	4:28	1.6	5:39	8:00	
5	Sun	11:23	8.4	11:25	9.9	5:09	0.5	5:11	1.3	5:40	7:59	
6	Mon			12:01	8.8	5:47	0.2	5:53	0.8	5:41	7:58	
7	Tue	12:06	10.2	12:39	9.1	6:25	-0.1	6:35	0.5	5:42	7:56	
8	Wed	12:46	10.3	1:17	9.5	7:03	-0.3	7:18	0.1	5:43	7:55	
9	Thu	1:28	10.4	1:56	9.9	7:43	-0.4	8:03	-0.1	5:44	7:54	
10	Fri	2:13	10.2	2:38	10.1	8:25	-0.3	8:51	-0.3	5:45	7:52	
11	Sat	3:00	10.0	3:23	10.3	9:10	-0.2	9:41	-0.3	5:46	7:51	
12	Sun	3:50	9.7	4:12	10.4	9:58	0.1	10:36	-0.2	5:47	7:50	
13	Mon	4:45	9.2	5:06	10.4	10:49	0.4	11:34	-0.1	5:48	7:48	
14	Tue	5:45	8.9	6:05	10.3	11:47	0.7			5:49	7:47	
15	Wed	6:49	8.6	7:09	10.3	12:38	0.1	12:48	0.8	5:50	7:45	
16	Thu	7:56	8.5	8:14	10.3	1:43	0.1	1:53	0.9	5:51	7:44	
17	Fri	9:02	8.7	9:19	10.5	2:48	-0.1	2:57	0.7	5:52	7:42	
18	Sat	10:04	9.0	10:19	10.6	3:49	-0.3	3:59	0.4	5:53	7:41	
19	Sun	10:59	9.4	11:14	10.7	4:45	-0.5	4:56	0.1	5:54	7:39	
20	Mon	11:50	9.7			5:35	-0.6	5:48	-0.1	5:56	7:38	
21	Tue	12:05	10.6	12:36	9.9	6:22	-0.6	6:37	-0.1	5:57	7:36	
22	Wed	12:52	10.4	1:20	10.0	7:06	-0.4	7:25	0.0	5:58	7:35	
23	Thu	1:38	10.0	2:03	9.8	7:49	-0.1	8:11	0.2	5:59	7:33	
24	Fri	2:23	9.6	2:45	9.6	8:31	0.4	8:57	0.5	6:00	7:31	
25	Sat	3:09	9.1	3:28	9.3	9:14	0.9	9:43	0.9	6:01	7:30	
26	Sun	3:56	8.6	4:12	9.0	9:58	1.4	10:31	1.3	6:02	7:28	
27	Mon	4:45	8.1	4:59	8.7	10:44	1.9	11:23	1.6	6:03	7:27	
28	Tue	5:38	7.7	5:51	8.5	11:34	2.2			6:04	7:25	
29	Wed	6:35	7.4	6:45	8.4	12:18	1.8	12:27	2.4	6:05	7:23	
30	Thu	7:32	7.4	7:40	8.6	1:16	1.8	1:22	2.5	6:06	7:22	
31	Fri	8:27	7.5	8:33	8.8	2:11	1.7	2:16	2.3	6:07	7:20	