

































## Lynn Harbor, MA - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:57	10.1			5:44	-1.5	5:58	-0.6	5:10	8:24	
2	Tue	12:10	11.8	12:51	10.4	6:36	-1.8	6:51	-0.8	5:11	8:24	
3	Wed	1:04	11.8	1:45	10.5	7:28	-1.8	7:46	-0.8	5:11	8:24	
4	Thu	1:59	11.6	2:40	10.5	8:22	-1.6	8:43	-0.6	5:12	8:24	
5	Fri	2:56	11.2	3:36	10.5	9:15	-1.3	9:41	-0.4	5:13	8:23	
6	Sat	3:54	10.7	4:32	10.4	10:10	-0.8	10:40	-0.2	5:13	8:23	
7	Sun	4:54	10.1	5:30	10.2	11:06	-0.3	11:41	0.1	5:14	8:23	
8	Mon	5:55	9.6	6:28	10.0			12:03	0.2	5:15	8:22	
9	Tue	6:57	9.1	7:26	9.9	12:44	0.3	1:02	0.6	5:15	8:22	
10	Wed	7:59	8.8	8:23	9.8	1:47	0.5	1:59	0.9	5:16	8:21	
11	Thu	8:59	8.6	9:18	9.8	2:47	0.5	2:56	1.1	5:17	8:21	
12	Fri	9:55	8.6	10:08	9.8	3:44	0.4	3:48	1.2	5:18	8:20	
13	Sat	10:45	8.7	10:54	9.8	4:34	0.3	4:36	1.1	5:18	8:20	
14	Sun	11:29	8.8	11:36	9.9	5:19	0.2	5:20	1.1	5:19	8:19	
15	Mon			12:10	8.9	5:59	0.2	6:01	1.0	5:20	8:19	
16	Tue	12:16	9.9	12:49	8.9	6:37	0.2	6:41	1.0	5:21	8:18	
17	Wed	12:54	9.9	1:27	8.9	7:14	0.2	7:20	1.0	5:22	8:17	
18	Thu	1:33	9.7	2:05	8.9	7:51	0.3	8:00	1.1	5:23	8:17	
19	Fri	2:12	9.6	2:43	9.0	8:28	0.4	8:41	1.1	5:23	8:16	
20	Sat	2:52	9.4	3:22	9.0	9:07	0.5	9:23	1.1	5:24	8:15	
21	Sun	3:33	9.2	4:01	9.1	9:46	0.6	10:07	1.1	5:25	8:14	
22	Mon	4:16	9.0	4:43	9.2	10:28	0.7	10:54	1.0	5:26	8:13	
23	Tue	5:03	8.8	5:29	9.4	11:13	0.8	11:45	0.9	5:27	8:12	
24	Wed	5:54	8.7	6:18	9.6			12:03	0.8	5:28	8:11	
25	Thu	6:50	8.7	7:12	9.9	12:40	0.7	12:57	0.8	5:29	8:10	
26	Fri	7:48	8.8	8:08	10.3	1:38	0.3	1:53	0.6	5:30	8:10	
27	Sat	8:47	9.1	9:05	10.8	2:36	-0.1	2:51	0.3	5:31	8:08	
28	Sun	9:46	9.5	10:03	11.2	3:34	-0.6	3:49	-0.1	5:32	8:07	
29	Mon	10:43	9.9	10:59	11.6	4:30	-1.2	4:45	-0.6	5:33	8:06	
30	Tue	11:38	10.4	11:54	11.8	5:24	-1.6	5:41	-0.9	5:34	8:05	
31	Wed			12:32	10.7	6:17	-1.8	6:35	-1.1	5:35	8:04	