

































## Lynn Harbor, MA - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:21	8.3	3:30	8.9	9:21	1.4	9:49	0.8	7:13	4:21	
2	Tue	4:04	8.2	4:17	8.5	10:09	1.5	10:34	1.1	7:13	4:22	
3	Wed	4:51	8.3	5:11	8.3	11:02	1.5	11:25	1.2	7:13	4:23	
4	Thu	5:43	8.4	6:10	8.1			12:01	1.4	7:13	4:24	
5	Fri	6:39	8.8	7:12	8.2	12:21	1.2	1:02	1.0	7:13	4:25	
6	Sat	7:37	9.3	8:15	8.5	1:19	1.0	2:03	0.4	7:13	4:26	
7	Sun	8:34	10.0	9:14	8.9	2:17	0.7	3:02	-0.3	7:12	4:27	
8	Mon	9:29	10.7	10:09	9.4	3:13	0.1	3:57	-1.1	7:12	4:28	
9	Tue	10:22	11.4	11:01	9.9	4:06	-0.4	4:49	-1.7	7:12	4:29	
10	Wed	11:13	11.8	11:52	10.2	4:58	-0.9	5:39	-2.2	7:12	4:30	
11	Thu			12:04	12.0	5:49	-1.2	6:29	-2.3	7:11	4:31	
12	Fri	12:42	10.4	12:56	11.9	6:41	-1.3	7:19	-2.1	7:11	4:32	
13	Sat	1:33	10.4	1:48	11.5	7:33	-1.1	8:10	-1.7	7:11	4:34	
14	Sun	2:24	10.2	2:42	10.8	8:27	-0.8	9:01	-1.1	7:10	4:35	
15	Mon	3:17	9.9	3:38	10.0	9:23	-0.3	9:55	-0.4	7:10	4:36	
16	Tue	4:13	9.5	4:39	9.1	10:24	0.3	10:52	0.3	7:09	4:37	
17	Wed	5:14	9.2	5:45	8.5	11:29	0.7	11:54	0.9	7:09	4:38	
18	Thu	6:17	8.9	6:56	8.1			12:39	1.0	7:08	4:39	
19	Fri	7:22	8.9	8:05	7.9	12:58	1.3	1:49	0.9	7:08	4:41	
20	Sat	8:24	9.0	9:07	8.1	2:01	1.4	2:53	0.7	7:07	4:42	
21	Sun	9:18	9.2	9:58	8.3	2:58	1.3	3:46	0.4	7:06	4:43	
22	Mon	10:04	9.5	10:40	8.5	3:47	1.0	4:29	0.1	7:06	4:44	
23	Tue	10:44	9.8	11:16	8.7	4:28	0.8	5:06	-0.1	7:05	4:46	
24	Wed	11:20	10.0	11:51	8.8	5:06	0.6	5:40	-0.2	7:04	4:47	
25	Thu	11:55	10.1			5:41	0.4	6:13	-0.3	7:03	4:48	
26	Fri	12:24	8.9	12:29	10.1	6:17	0.4	6:46	-0.2	7:02	4:49	
27	Sat	12:58	8.9	1:04	10.0	6:52	0.4	7:20	-0.1	7:02	4:51	
28	Sun	1:31	8.9	1:40	9.8	7:29	0.4	7:55	0.0	7:01	4:52	
29	Mon	2:05	8.8	2:17	9.4	8:07	0.6	8:31	0.3	7:00	4:53	
30	Tue	2:41	8.8	2:57	9.1	8:48	0.7	9:10	0.5	6:59	4:55	
31	Wed	3:21	8.8	3:41	8.7	9:33	0.8	9:54	0.8	6:58	4:56	