































Lynn Harbor, MA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:00	8.8	2:06	9.7	8:00	0.7	8:24	0.1	7:13	4:21	
2	Fri	2:36	8.8	2:48	9.4	8:42	0.7	9:06	0.3	7:13	4:22	
3	Sat	3:12	8.9	3:30	9.0	9:24	0.8	9:48	0.6	7:13	4:23	
4	Sun	4:00	9.0	4:24	8.6	10:18	0.8	10:36	0.8	7:13	4:24	
5	Mon	4:48	9.1	5:24	8.3	11:18	0.9	11:30	1.0	7:13	4:25	
6	Tue	5:48	9.2	6:30	8.1			12:18	0.7	7:13	4:26	
7	Wed	6:54	9.5	7:36	8.2	12:36	1.0	1:30	0.3	7:12	4:27	
8	Thu	8:00	10.0	8:48	8.6	1:42	0.8	2:36	-0.2	7:12	4:28	
9	Fri	9:00	10.6	9:48	9.1	2:42	0.4	3:36	-0.9	7:12	4:29	
10	Sat	10:00	11.2	10:42	9.7	3:42	-0.2	4:30	-1.5	7:12	4:30	
11	Sun	10:54	11.7	11:36	10.1	4:36	-0.8	5:18	-1.9	7:11	4:31	
12	Mon	11:48	11.8			5:30	-1.1	6:12	-2.1	7:11	4:32	
13	Tue	12:24	10.4	12:36	11.7	6:24	-1.2	7:00	-1.9	7:11	4:34	
14	Wed	1:12	10.4	1:30	11.2	7:12	-1.1	7:48	-1.5	7:10	4:35	
15	Thu	2:00	10.3	2:18	10.5	8:06	-0.7	8:30	-0.8	7:10	4:36	
16	Fri	2:48	9.9	3:06	9.7	8:54	-0.2	9:24	-0.1	7:09	4:37	
17	Sat	3:36	9.5	4:06	8.8	9:48	0.4	10:12	0.7	7:09	4:38	
18	Sun	4:30	9.0	5:06	8.1	10:48	1.0	11:12	1.4	7:08	4:39	
19	Mon	5:30	8.5	6:12	7.5	11:54	1.4			7:08	4:41	
20	Tue	6:36	8.3	7:18	7.3	12:12	1.9	1:06	1.6	7:07	4:42	
21	Wed	7:36	8.3	8:24	7.4	1:18	2.1	2:12	1.5	7:06	4:43	
22	Thu	8:36	8.6	9:24	7.6	2:18	2.0	3:12	1.1	7:06	4:44	
23	Fri	9:24	9.0	10:06	8.0	3:06	1.7	4:00	0.7	7:05	4:46	
24	Sat	10:06	9.4	10:42	8.3	3:54	1.3	4:36	0.4	7:04	4:47	
25	Sun	10:48	9.8	11:18	8.6	4:30	0.9	5:06	0.1	7:03	4:48	
26	Mon	11:18	10.1	11:48	8.9	5:06	0.6	5:36	-0.2	7:02	4:50	
27	Tue	11:54	10.2			5:42	0.3	6:12	-0.3	7:01	4:51	
28	Wed	12:18	9.1	12:30	10.2	6:18	0.1	6:42	-0.4	7:01	4:52	
29	Thu	12:54	9.3	1:06	10.1	6:54	-0.1	7:18	-0.3	7:00	4:53	
30	Fri	1:24	9.4	1:42	9.8	7:30	-0.1	7:54	-0.2	6:59	4:55	
31	Sat	2:00	9.5	2:18	9.5	8:12	-0.1	8:30	0.0	6:58	4:56	