






















## Lynn Harbor, MA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:31	10.2	2:00	9.5	7:50	-0.6	8:05	0.1	6:18	5:33	
2	Mon	2:13	10.1	2:47	9.1	8:38	-0.4	8:52	0.4	6:16	5:34	
3	Tue	3:02	9.9	3:41	8.6	9:32	-0.1	9:46	0.8	6:15	5:36	
4	Wed	3:58	9.7	4:45	8.2	10:33	0.3	10:48	1.1	6:13	5:37	
5	Thu	5:05	9.5	5:57	8.0	11:42	0.5	11:58	1.2	6:11	5:38	
6	Fri	6:19	9.5	7:10	8.2			12:53	0.4	6:10	5:39	
7	Sat	7:32	9.7	8:18	8.8	1:09	0.9	2:01	0.0	6:08	5:40	
8	Sun	9:39	10.1	10:17	9.5	3:17	0.4	4:01	-0.4	7:06	6:42	
9	Mon	10:38	10.6	11:09	10.1	4:18	-0.3	4:54	-0.9	7:05	6:43	
10	Tue	11:30	10.8	11:55	10.6	5:12	-0.9	5:42	-1.1	7:03	6:44	
11	Wed			12:18	10.9	6:01	-1.3	6:26	-1.1	7:01	6:45	
12	Thu	12:38	10.8	1:03	10.7	6:48	-1.4	7:09	-0.9	7:00	6:46	
13	Fri	1:20	10.8	1:47	10.3	7:33	-1.2	7:51	-0.5	6:58	6:47	
14	Sat	2:02	10.5	2:31	9.7	8:18	-0.8	8:34	0.1	6:56	6:49	
15	Sun	2:44	10.0	3:17	9.1	9:03	-0.2	9:18	0.8	6:54	6:50	
16	Mon	3:28	9.4	4:04	8.4	9:50	0.4	10:04	1.4	6:53	6:51	
17	Tue	4:15	8.9	4:56	7.8	10:40	1.1	10:55	2.0	6:51	6:52	
18	Wed	5:07	8.4	5:55	7.4	11:36	1.6	11:51	2.4	6:49	6:53	
19	Thu	6:07	8.1	6:58	7.2			12:38	1.9	6:47	6:54	
20	Fri	7:10	8.0	8:01	7.3	12:52	2.6	1:42	1.9	6:46	6:56	
21	Sat	8:11	8.2	8:56	7.6	1:53	2.4	2:40	1.7	6:44	6:57	
22	Sun	9:05	8.5	9:43	8.0	2:49	2.1	3:28	1.4	6:42	6:58	
23	Mon	9:54	8.9	10:23	8.6	3:38	1.5	4:09	1.0	6:41	6:59	
24	Tue	10:36	9.4	10:59	9.1	4:22	0.9	4:47	0.6	6:39	7:00	
25	Wed	11:16	9.7	11:34	9.7	5:02	0.3	5:23	0.2	6:37	7:01	
26	Thu	11:55	10.0			5:41	-0.3	5:59	0.0	6:35	7:02	
27	Fri	12:08	10.1	12:33	10.1	6:21	-0.8	6:36	-0.2	6:34	7:04	
28	Sat	12:45	10.5	1:14	10.0	7:02	-1.0	7:16	-0.2	6:32	7:05	
29	Sun	1:24	10.7	1:57	9.9	7:46	-1.1	7:59	0.0	6:30	7:06	
30	Mon	2:06	10.7	2:44	9.5	8:33	-1.0	8:45	0.2	6:28	7:07	
31	Tue	2:54	10.6	3:36	9.1	9:24	-0.7	9:36	0.5	6:27	7:08	