

































Lynn Harbor, MA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:18	8.7	7:41	9.7	1:04	0.6	1:19	1.1	5:10	8:24	
2	Thu	8:20	8.4	8:36	9.6	2:07	0.7	2:16	1.4	5:11	8:24	
3	Fri	9:20	8.3	9:30	9.6	3:07	0.7	3:11	1.5	5:11	8:24	
4	Sat	10:14	8.3	10:19	9.6	4:02	0.6	4:02	1.6	5:12	8:24	
5	Sun	11:03	8.3	11:04	9.7	4:51	0.5	4:49	1.5	5:12	8:23	
6	Mon	11:46	8.4	11:46	9.8	5:34	0.4	5:32	1.4	5:13	8:23	
7	Tue			12:26	8.5	6:13	0.4	6:12	1.4	5:14	8:23	
8	Wed	12:25	9.8	1:04	8.5	6:50	0.3	6:51	1.3	5:14	8:22	
9	Thu	1:04	9.8	1:41	8.6	7:26	0.4	7:31	1.3	5:15	8:22	
10	Fri	1:42	9.7	2:18	8.7	8:02	0.4	8:11	1.3	5:16	8:22	
11	Sat	2:21	9.5	2:55	8.7	8:39	0.5	8:52	1.3	5:17	8:21	
12	Sun	3:01	9.3	3:32	8.9	9:16	0.6	9:34	1.2	5:17	8:21	
13	Mon	3:42	9.1	4:10	9.0	9:54	0.7	10:18	1.2	5:18	8:20	
14	Tue	4:26	8.9	4:52	9.2	10:35	0.9	11:06	1.1	5:19	8:19	
15	Wed	5:14	8.7	5:37	9.4	11:21	1.0	11:59	0.9	5:20	8:19	
16	Thu	6:06	8.5	6:28	9.6			12:11	1.1	5:21	8:18	
17	Fri	7:04	8.4	7:23	9.9	12:56	0.7	1:06	1.1	5:22	8:17	
18	Sat	8:04	8.5	8:21	10.3	1:55	0.4	2:04	0.9	5:22	8:17	
19	Sun	9:06	8.7	9:20	10.8	2:56	-0.1	3:04	0.7	5:23	8:16	
20	Mon	10:06	9.1	10:20	11.2	3:55	-0.6	4:03	0.3	5:24	8:15	
21	Tue	11:04	9.5	11:17	11.5	4:52	-1.0	5:01	-0.1	5:25	8:14	
22	Wed	11:59	9.9			5:46	-1.4	5:57	-0.5	5:26	8:13	
23	Thu	12:12	11.6	12:52	10.2	6:38	-1.6	6:52	-0.7	5:27	8:13	
24	Fri	1:07	11.5	1:45	10.5	7:29	-1.5	7:47	-0.7	5:28	8:12	
25	Sat	2:02	11.1	2:37	10.5	8:20	-1.2	8:42	-0.5	5:29	8:11	
26	Sun	2:57	10.6	3:30	10.4	9:11	-0.7	9:39	-0.2	5:30	8:10	
27	Mon	3:53	10.0	4:22	10.2	10:03	-0.2	10:36	0.1	5:31	8:09	
28	Tue	4:50	9.3	5:16	9.9	10:56	0.5	11:35	0.5	5:32	8:08	
29	Wed	5:50	8.7	6:12	9.5	11:51	1.0			5:33	8:07	
30	Thu	6:52	8.3	7:10	9.3	12:37	0.8	12:49	1.5	5:34	8:05	
31	Fri	7:54	8.0	8:07	9.2	1:40	1.0	1:47	1.8	5:35	8:04	