




























Lynn Harbor, MA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:54	7.9	9:03	9.2	2:41	1.1	2:44	1.9	5:36	8:03	
2	Sun	9:49	8.0	9:54	9.3	3:38	1.0	3:36	1.8	5:37	8:02	
3	Mon	10:37	8.1	10:40	9.5	4:27	0.8	4:24	1.6	5:38	8:01	
4	Tue	11:19	8.3	11:21	9.7	5:09	0.6	5:06	1.4	5:39	8:00	
5	Wed	11:57	8.5	11:59	9.8	5:45	0.5	5:46	1.2	5:40	7:58	
6	Thu			12:32	8.7	6:20	0.4	6:24	1.0	5:41	7:57	
7	Fri	12:37	9.8	1:07	8.9	6:54	0.3	7:02	0.9	5:42	7:56	
8	Sat	1:14	9.8	1:41	9.1	7:28	0.4	7:41	0.8	5:43	7:55	
9	Sun	1:51	9.6	2:16	9.2	8:03	0.4	8:21	0.7	5:44	7:53	
10	Mon	2:30	9.4	2:52	9.3	8:40	0.5	9:03	0.6	5:45	7:52	
11	Tue	3:12	9.2	3:31	9.5	9:19	0.7	9:48	0.6	5:46	7:50	
12	Wed	3:56	8.9	4:14	9.6	10:01	0.8	10:37	0.6	5:48	7:49	
13	Thu	4:45	8.7	5:03	9.7	10:48	1.0	11:31	0.6	5:49	7:48	
14	Fri	5:40	8.4	5:58	9.8	11:42	1.1			5:50	7:46	
15	Sat	6:41	8.3	6:59	10.0	12:31	0.5	12:41	1.1	5:51	7:45	
16	Sun	7:44	8.4	8:02	10.3	1:34	0.3	1:44	0.9	5:52	7:43	
17	Mon	8:48	8.7	9:05	10.6	2:36	0.0	2:47	0.6	5:53	7:42	
18	Tue	9:50	9.2	10:06	11.0	3:37	-0.5	3:49	0.1	5:54	7:40	
19	Wed	10:47	9.8	11:04	11.3	4:34	-0.9	4:47	-0.4	5:55	7:39	
20	Thu	11:40	10.3	11:58	11.3	5:27	-1.2	5:43	-0.8	5:56	7:37	
21	Fri			12:31	10.7	6:17	-1.4	6:36	-1.0	5:57	7:36	
22	Sat	12:51	11.1	1:21	10.8	7:06	-1.2	7:29	-1.0	5:58	7:34	
23	Sun	1:44	10.8	2:10	10.7	7:54	-0.9	8:22	-0.7	5:59	7:32	
24	Mon	2:36	10.2	2:59	10.5	8:43	-0.3	9:15	-0.3	6:00	7:31	
25	Tue	3:29	9.6	3:50	10.1	9:33	0.3	10:09	0.2	6:01	7:29	
26	Wed	4:24	9.0	4:42	9.6	10:24	0.9	11:05	0.7	6:02	7:28	
27	Thu	5:21	8.4	5:37	9.2	11:19	1.5			6:03	7:26	
28	Fri	6:22	8.0	6:35	8.9	12:05	1.1	12:16	1.9	6:05	7:24	
29	Sat	7:23	7.8	7:34	8.8	1:08	1.3	1:15	2.1	6:06	7:23	
30	Sun	8:23	7.7	8:30	8.9	2:09	1.4	2:13	2.1	6:07	7:21	
31	Mon	9:17	7.9	9:22	9.0	3:05	1.3	3:06	2.0	6:08	7:19	