
































Lynn Harbor, MA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:39	9.7	10:07	9.2	3:24	0.9	3:55	0.2	6:17	4:37	
2	Mon	10:19	10.2	10:50	9.4	4:06	0.6	4:39	-0.3	6:18	4:35	
3	Tue	10:59	10.6	11:34	9.5	4:47	0.4	5:23	-0.7	6:20	4:34	
4	Wed	11:42	10.9			5:30	0.2	6:09	-1.0	6:21	4:33	
5	Thu	12:20	9.5	12:27	11.1	6:16	0.1	6:57	-1.0	6:22	4:32	
6	Fri	1:08	9.4	1:16	11.1	7:04	0.2	7:47	-0.9	6:23	4:30	
7	Sat	1:59	9.3	2:09	10.9	7:56	0.3	8:40	-0.7	6:25	4:29	
8	Sun	2:54	9.1	3:05	10.6	8:51	0.5	9:36	-0.4	6:26	4:28	
9	Mon	3:51	9.1	4:06	10.2	9:51	0.7	10:34	-0.1	6:27	4:27	
10	Tue	4:53	9.1	5:11	9.7	10:55	0.8	11:35	0.2	6:28	4:26	
11	Wed	5:56	9.2	6:19	9.4			12:03	0.7	6:30	4:25	
12	Thu	6:58	9.5	7:26	9.2	12:36	0.3	1:10	0.5	6:31	4:24	
13	Fri	7:57	9.8	8:30	9.2	1:36	0.4	2:14	0.2	6:32	4:23	
14	Sat	8:54	10.2	9:29	9.2	2:33	0.4	3:13	-0.1	6:33	4:22	
15	Sun	9:45	10.4	10:21	9.3	3:27	0.4	4:07	-0.4	6:35	4:21	
16	Mon	10:32	10.6	11:09	9.3	4:16	0.3	4:55	-0.6	6:36	4:20	
17	Tue	11:16	10.6	11:53	9.2	5:01	0.4	5:39	-0.5	6:37	4:19	
18	Wed	11:58	10.5			5:45	0.5	6:22	-0.4	6:38	4:19	
19	Thu	12:36	9.0	12:40	10.2	6:27	0.7	7:04	-0.1	6:40	4:18	
20	Fri	1:18	8.8	1:21	10.0	7:09	1.0	7:46	0.2	6:41	4:17	
21	Sat	2:00	8.6	2:03	9.7	7:52	1.3	8:28	0.5	6:42	4:16	
22	Sun	2:43	8.3	2:46	9.3	8:35	1.6	9:10	0.8	6:43	4:16	
23	Mon	3:27	8.1	3:30	8.9	9:20	1.8	9:54	1.1	6:44	4:15	
24	Tue	4:12	8.0	4:18	8.6	10:08	2.0	10:39	1.4	6:46	4:15	
25	Wed	4:59	7.9	5:09	8.3	10:59	2.1	11:27	1.5	6:47	4:14	
26	Thu	5:48	8.0	6:03	8.1	11:53	2.0			6:48	4:14	
27	Fri	6:37	8.3	6:58	8.1	12:16	1.6	12:48	1.8	6:49	4:13	
28	Sat	7:26	8.6	7:53	8.2	1:06	1.6	1:43	1.3	6:50	4:13	
29	Sun	8:14	9.1	8:47	8.5	1:56	1.4	2:36	0.7	6:51	4:12	
30	Mon	9:02	9.7	9:38	8.8	2:46	1.1	3:27	0.1	6:52	4:12	