

































Lynn Harbor, MA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:09	11.7	11:47	10.1	4:53	-0.6	5:35	-1.9	7:13	4:21	
2	Sat	11:59	11.9			5:44	-1.1	6:23	-2.1	7:13	4:22	
3	Sun	12:36	10.4	12:50	11.9	6:35	-1.3	7:12	-2.1	7:13	4:23	
4	Mon	1:25	10.5	1:41	11.5	7:27	-1.2	8:00	-1.7	7:13	4:24	
5	Tue	2:15	10.5	2:34	10.8	8:20	-1.0	8:51	-1.2	7:13	4:25	
6	Wed	3:06	10.3	3:29	10.0	9:16	-0.5	9:43	-0.5	7:13	4:26	
7	Thu	4:01	9.9	4:29	9.2	10:15	0.0	10:39	0.3	7:12	4:27	
8	Fri	5:00	9.5	5:35	8.4	11:20	0.5	11:40	0.9	7:12	4:28	
9	Sat	6:04	9.2	6:46	8.0			12:29	0.8	7:12	4:29	
10	Sun	7:11	9.1	7:58	7.8	12:45	1.3	1:41	0.9	7:12	4:30	
11	Mon	8:16	9.1	9:03	8.0	1:51	1.4	2:48	0.7	7:12	4:31	
12	Tue	9:14	9.4	9:56	8.2	2:51	1.3	3:44	0.4	7:11	4:32	
13	Wed	10:03	9.7	10:39	8.5	3:43	1.0	4:29	0.1	7:11	4:33	
14	Thu	10:44	9.9	11:17	8.7	4:27	0.8	5:07	-0.1	7:10	4:34	
15	Fri	11:21	10.1	11:51	8.9	5:06	0.5	5:42	-0.2	7:10	4:36	
16	Sat	11:56	10.1			5:42	0.4	6:14	-0.2	7:09	4:37	
17	Sun	12:25	8.9	12:30	10.0	6:18	0.3	6:47	-0.2	7:09	4:38	
18	Mon	12:58	9.0	1:05	9.9	6:54	0.4	7:20	0.0	7:08	4:39	
19	Tue	1:31	8.9	1:41	9.6	7:31	0.5	7:53	0.2	7:08	4:40	
20	Wed	2:04	8.9	2:17	9.2	8:08	0.6	8:29	0.5	7:07	4:42	
21	Thu	2:40	8.8	2:57	8.8	8:48	0.8	9:06	0.8	7:06	4:43	
22	Fri	3:18	8.7	3:41	8.3	9:33	1.0	9:49	1.1	7:06	4:44	
23	Sat	4:02	8.6	4:32	7.9	10:24	1.2	10:39	1.4	7:05	4:45	
24	Sun	4:55	8.6	5:33	7.6	11:23	1.3	11:38	1.6	7:04	4:47	
25	Mon	5:55	8.7	6:40	7.6			12:29	1.1	7:03	4:48	
26	Tue	7:01	9.1	7:48	7.9	12:42	1.5	1:35	0.6	7:03	4:49	
27	Wed	8:05	9.7	8:51	8.5	1:46	1.0	2:37	-0.1	7:02	4:51	
28	Thu	9:06	10.5	9:47	9.2	2:47	0.4	3:34	-0.9	7:01	4:52	
29	Fri	10:02	11.2	10:39	10.0	3:44	-0.4	4:26	-1.6	7:00	4:53	
30	Sat	10:54	11.7	11:27	10.6	4:37	-1.1	5:15	-2.1	6:59	4:54	
31	Sun	11:44	11.9			5:28	-1.6	6:02	-2.3	6:58	4:56	