

























## Lynn Harbor, MA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:04	9.3	3:40	8.7	9:22	0.7	9:38	1.5	5:10	8:24	
2	Fri	3:47	9.0	4:20	8.6	10:02	1.0	10:23	1.6	5:11	8:24	
3	Sat	4:31	8.7	5:02	8.6	10:43	1.2	11:09	1.7	5:11	8:24	
4	Sun	5:18	8.4	5:45	8.7	11:26	1.5	11:59	1.7	5:12	8:24	
5	Mon	6:07	8.1	6:31	8.8			12:11	1.7	5:12	8:24	
6	Tue	6:59	8.0	7:19	9.0	12:50	1.6	1:00	1.7	5:13	8:23	
7	Wed	7:54	8.0	8:09	9.3	1:44	1.3	1:51	1.7	5:14	8:23	
8	Thu	8:49	8.1	9:01	9.8	2:38	0.9	2:44	1.5	5:14	8:22	
9	Fri	9:43	8.4	9:53	10.3	3:32	0.4	3:38	1.1	5:15	8:22	
10	Sat	10:37	8.8	10:45	10.8	4:25	-0.2	4:30	0.7	5:16	8:22	
11	Sun	11:28	9.2	11:37	11.2	5:16	-0.7	5:22	0.2	5:16	8:21	
12	Mon			12:18	9.7	6:05	-1.1	6:14	-0.2	5:17	8:21	
13	Tue	12:28	11.4	1:08	10.1	6:55	-1.4	7:07	-0.5	5:18	8:20	
14	Wed	1:21	11.4	1:59	10.3	7:44	-1.4	8:01	-0.6	5:19	8:20	
15	Thu	2:15	11.2	2:51	10.5	8:35	-1.3	8:57	-0.6	5:20	8:19	
16	Fri	3:11	10.8	3:44	10.6	9:26	-1.0	9:54	-0.5	5:21	8:18	
17	Sat	4:08	10.3	4:38	10.5	10:19	-0.5	10:53	-0.3	5:21	8:18	
18	Sun	5:07	9.7	5:35	10.4	11:14	0.0	11:55	0.0	5:22	8:17	
19	Mon	6:10	9.1	6:34	10.2			12:12	0.5	5:23	8:16	
20	Tue	7:14	8.7	7:34	10.0	12:59	0.2	1:12	0.9	5:24	8:15	
21	Wed	8:18	8.5	8:34	9.9	2:03	0.4	2:12	1.1	5:25	8:14	
22	Thu	9:21	8.4	9:32	9.9	3:06	0.4	3:11	1.2	5:26	8:14	
23	Fri	10:18	8.5	10:25	10.0	4:04	0.3	4:06	1.2	5:27	8:13	
24	Sat	11:08	8.6	11:12	10.0	4:55	0.2	4:56	1.1	5:28	8:12	
25	Sun	11:52	8.7	11:55	10.0	5:39	0.1	5:41	1.0	5:29	8:11	
26	Mon			12:31	8.8	6:19	0.1	6:23	0.9	5:30	8:10	
27	Tue	12:35	9.9	1:09	8.9	6:56	0.2	7:03	0.9	5:31	8:09	
28	Wed	1:14	9.8	1:46	8.9	7:32	0.3	7:43	1.0	5:32	8:08	
29	Thu	1:53	9.6	2:23	8.9	8:08	0.5	8:23	1.1	5:33	8:07	
30	Fri	2:33	9.3	3:00	8.9	8:45	0.7	9:04	1.2	5:34	8:06	
31	Sat	3:13	9.0	3:38	8.9	9:22	1.0	9:46	1.3	5:35	8:05	