

































Lynn Harbor, MA - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:55	8.5	4:09	8.5	9:59	1.5	10:27	1.2	7:13	4:21	
2	Sat	4:44	8.2	5:03	8.0	10:51	1.8	11:18	1.6	7:13	4:22	
3	Sun	5:37	8.0	6:01	7.6	11:48	2.0			7:13	4:22	
4	Mon	6:32	8.0	7:01	7.5	12:11	1.8	12:48	1.9	7:13	4:23	
5	Tue	7:26	8.2	8:00	7.6	1:06	1.9	1:46	1.7	7:13	4:24	
6	Wed	8:19	8.6	8:54	7.9	1:59	1.7	2:39	1.2	7:13	4:25	
7	Thu	9:07	9.1	9:41	8.3	2:48	1.4	3:27	0.6	7:13	4:26	
8	Fri	9:51	9.7	10:24	8.8	3:34	0.9	4:10	0.0	7:12	4:27	
9	Sat	10:32	10.3	11:05	9.2	4:17	0.4	4:51	-0.6	7:12	4:28	
10	Sun	11:13	10.8	11:45	9.6	4:59	-0.1	5:32	-1.1	7:12	4:29	
11	Mon	11:54	11.2			5:42	-0.5	6:14	-1.5	7:12	4:31	
12	Tue	12:26	9.9	12:37	11.3	6:26	-0.8	6:57	-1.6	7:11	4:32	
13	Wed	1:09	10.1	1:23	11.3	7:12	-1.0	7:42	-1.6	7:11	4:33	
14	Thu	1:54	10.2	2:11	11.0	8:01	-0.9	8:30	-1.3	7:11	4:34	
15	Fri	2:42	10.2	3:02	10.5	8:52	-0.7	9:20	-0.9	7:10	4:35	
16	Sat	3:34	10.1	3:59	9.9	9:49	-0.4	10:14	-0.4	7:10	4:36	
17	Sun	4:31	9.9	5:01	9.3	10:50	-0.1	11:14	0.0	7:09	4:37	
18	Mon	5:34	9.7	6:10	8.8	11:57	0.1			7:09	4:39	
19	Tue	6:41	9.7	7:21	8.6	12:18	0.4	1:06	0.1	7:08	4:40	
20	Wed	7:49	9.8	8:30	8.8	1:24	0.5	2:14	-0.1	7:07	4:41	
21	Thu	8:53	10.1	9:32	9.1	2:28	0.3	3:17	-0.4	7:07	4:42	
22	Fri	9:50	10.5	10:25	9.4	3:27	0.0	4:11	-0.8	7:06	4:44	
23	Sat	10:40	10.7	11:11	9.6	4:19	-0.3	4:59	-1.0	7:05	4:45	
24	Sun	11:24	10.8	11:54	9.7	5:06	-0.4	5:42	-1.1	7:05	4:46	
25	Mon			12:06	10.7	5:50	-0.5	6:23	-1.0	7:04	4:47	
26	Tue	12:34	9.7	12:46	10.4	6:32	-0.3	7:02	-0.7	7:03	4:49	
27	Wed	1:13	9.5	1:25	10.1	7:12	-0.1	7:40	-0.3	7:02	4:50	
28	Thu	1:51	9.3	2:05	9.6	7:53	0.3	8:19	0.1	7:01	4:51	
29	Fri	2:30	9.0	2:46	9.1	8:35	0.7	8:59	0.6	7:00	4:52	
30	Sat	3:11	8.6	3:30	8.5	9:19	1.1	9:42	1.1	6:59	4:54	
31	Sun	3:55	8.3	4:18	8.0	10:06	1.5	10:29	1.6	6:58	4:55	