


































Lynn Harbor, MA - Mar 2030

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 8:53 | 9.9 | 9:31 | 9.2 | 2:30 | 0.5 | 3:13 | -0.2 | 6:18 | 5:33 |  |
| 2 | Sat | 9:49 | 10.2 | 10:19 | 9.7 | 3:29 | 0.0 | 4:04 | -0.5 | 6:16 | 5:34 |  |
| 3 | Sun | 10:36 | 10.4 | 11:02 | 10.0 | 4:19 | -0.5 | 4:48 | -0.7 | 6:15 | 5:35 |  |
| 4 | Mon | 11:19 | 10.4 | 11:41 | 10.2 | 5:04 | -0.7 | 5:28 | -0.6 | 6:13 | 5:37 |  |
| 5 | Tue | 11:59 | 10.3 | | | 5:46 | -0.8 | 6:06 | -0.5 | 6:12 | 5:38 |  |
| 6 | Wed | 12:18 | 10.1 | 12:38 | 10.0 | 6:26 | -0.6 | 6:43 | -0.1 | 6:10 | 5:39 |  |
| 7 | Thu | 12:54 | 9.9 | 1:17 | 9.6 | 7:06 | -0.3 | 7:21 | 0.3 | 6:08 | 5:40 |  |
| 8 | Fri | 1:31 | 9.6 | 1:57 | 9.1 | 7:46 | 0.1 | 8:00 | 0.8 | 6:07 | 5:41 |  |
| 9 | Sat | 2:10 | 9.2 | 2:39 | 8.6 | 8:27 | 0.5 | 8:40 | 1.3 | 6:05 | 5:43 |  |
| 10 | Sun | 3:51 | 8.8 | 4:24 | 8.1 | 10:11 | 1.0 | 10:24 | 1.7 | 7:03 | 6:44 |  |
| 11 | Mon | 4:37 | 8.4 | 5:15 | 7.6 | 11:00 | 1.5 | 11:13 | 2.1 | 7:01 | 6:45 |  |
| 12 | Tue | 5:28 | 8.2 | 6:12 | 7.3 | 11:55 | 1.8 | | | 7:00 | 6:46 |  |
| 13 | Wed | 6:26 | 8.0 | 7:12 | 7.3 | 12:08 | 2.3 | 12:54 | 1.8 | 6:58 | 6:47 |  |
| 14 | Thu | 7:27 | 8.2 | 8:10 | 7.5 | 1:07 | 2.3 | 1:53 | 1.6 | 6:56 | 6:49 |  |
| 15 | Fri | 8:25 | 8.5 | 9:04 | 8.0 | 2:06 | 2.0 | 2:48 | 1.2 | 6:55 | 6:50 |  |
| 16 | Sat | 9:19 | 9.1 | 9:51 | 8.7 | 3:01 | 1.4 | 3:37 | 0.7 | 6:53 | 6:51 |  |
| 17 | Sun | 10:08 | 9.7 | 10:35 | 9.5 | 3:51 | 0.6 | 4:22 | 0.0 | 6:51 | 6:52 |  |
| 18 | Mon | 10:54 | 10.3 | 11:17 | 10.2 | 4:39 | -0.2 | 5:06 | -0.5 | 6:49 | 6:53 |  |
| 19 | Tue | 11:39 | 10.7 | 11:58 | 10.8 | 5:25 | -1.0 | 5:48 | -1.0 | 6:48 | 6:54 |  |
| 20 | Wed | | | 12:24 | 10.9 | 6:10 | -1.6 | 6:31 | -1.2 | 6:46 | 6:55 |  |
| 21 | Thu | 12:40 | 11.3 | 1:09 | 10.9 | 6:56 | -1.9 | 7:16 | -1.2 | 6:44 | 6:57 |  |
| 22 | Fri | 1:25 | 11.5 | 1:58 | 10.7 | 7:45 | -2.0 | 8:03 | -1.0 | 6:42 | 6:58 |  |
| 23 | Sat | 2:12 | 11.4 | 2:49 | 10.2 | 8:35 | -1.7 | 8:53 | -0.6 | 6:41 | 6:59 |  |
| 24 | Sun | 3:03 | 11.1 | 3:44 | 9.7 | 9:29 | -1.2 | 9:47 | 0.0 | 6:39 | 7:00 |  |
| 25 | Mon | 3:59 | 10.6 | 4:44 | 9.1 | 10:27 | -0.6 | 10:46 | 0.5 | 6:37 | 7:01 |  |
| 26 | Tue | 5:01 | 10.1 | 5:50 | 8.7 | 11:30 | 0.0 | 11:51 | 0.9 | 6:35 | 7:02 |  |
| 27 | Wed | 6:10 | 9.6 | 7:02 | 8.5 | | | 12:39 | 0.4 | 6:34 | 7:03 |  |
| 28 | Thu | 7:23 | 9.3 | 8:12 | 8.7 | 1:01 | 1.1 | 1:48 | 0.5 | 6:32 | 7:05 |  |
| 29 | Fri | 8:33 | 9.3 | 9:15 | 9.0 | 2:12 | 1.0 | 2:54 | 0.5 | 6:30 | 7:06 |  |
| 30 | Sat | 9:37 | 9.5 | 10:09 | 9.4 | 3:17 | 0.6 | 3:51 | 0.3 | 6:28 | 7:07 |  |
| 31 | Sun | 10:31 | 9.7 | 10:56 | 9.8 | 4:14 | 0.2 | 4:40 | 0.2 | 6:27 | 7:08 |  |