


































Lynn Harbor, MA - Jul 2030

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 12:04 | 9.9 | 12:40 | 8.6 | 6:27 | 0.3 | 6:28 | 1.2 | 5:10 | 8:24 |  |
| 2 | Tue | 12:42 | 9.9 | 1:18 | 8.8 | 7:04 | 0.2 | 7:08 | 1.1 | 5:11 | 8:24 |  |
| 3 | Wed | 1:21 | 10.0 | 1:56 | 8.9 | 7:42 | 0.1 | 7:49 | 1.0 | 5:11 | 8:24 |  |
| 4 | Thu | 2:01 | 9.9 | 2:35 | 9.1 | 8:21 | 0.0 | 8:32 | 0.8 | 5:12 | 8:24 |  |
| 5 | Fri | 2:42 | 9.8 | 3:16 | 9.3 | 9:01 | 0.0 | 9:18 | 0.7 | 5:12 | 8:23 |  |
| 6 | Sat | 3:27 | 9.7 | 3:58 | 9.6 | 9:44 | 0.1 | 10:06 | 0.5 | 5:13 | 8:23 |  |
| 7 | Sun | 4:14 | 9.6 | 4:44 | 9.8 | 10:29 | 0.1 | 10:58 | 0.4 | 5:14 | 8:23 |  |
| 8 | Mon | 5:06 | 9.4 | 5:34 | 10.1 | 11:18 | 0.2 | 11:54 | 0.2 | 5:14 | 8:22 |  |
| 9 | Tue | 6:03 | 9.2 | 6:29 | 10.3 | | | 12:12 | 0.3 | 5:15 | 8:22 |  |
| 10 | Wed | 7:03 | 9.0 | 7:26 | 10.6 | 12:54 | 0.1 | 1:10 | 0.4 | 5:16 | 8:22 |  |
| 11 | Thu | 8:06 | 9.0 | 8:26 | 10.9 | 1:55 | -0.2 | 2:09 | 0.3 | 5:17 | 8:21 |  |
| 12 | Fri | 9:09 | 9.2 | 9:26 | 11.1 | 2:57 | -0.5 | 3:09 | 0.1 | 5:17 | 8:21 |  |
| 13 | Sat | 10:10 | 9.4 | 10:25 | 11.4 | 3:57 | -0.9 | 4:09 | -0.1 | 5:18 | 8:20 |  |
| 14 | Sun | 11:09 | 9.7 | 11:22 | 11.5 | 4:54 | -1.2 | 5:06 | -0.3 | 5:19 | 8:19 |  |
| 15 | Mon | | | 12:04 | 10.0 | 5:48 | -1.3 | 6:01 | -0.4 | 5:20 | 8:19 |  |
| 16 | Tue | 12:17 | 11.4 | 12:57 | 10.1 | 6:40 | -1.3 | 6:55 | -0.4 | 5:21 | 8:18 |  |
| 17 | Wed | 1:10 | 11.2 | 1:48 | 10.2 | 7:31 | -1.2 | 7:48 | -0.3 | 5:22 | 8:17 |  |
| 18 | Thu | 2:02 | 10.8 | 2:39 | 10.1 | 8:20 | -0.8 | 8:41 | 0.0 | 5:22 | 8:17 |  |
| 19 | Fri | 2:54 | 10.3 | 3:29 | 9.9 | 9:09 | -0.3 | 9:34 | 0.3 | 5:23 | 8:16 |  |
| 20 | Sat | 3:46 | 9.7 | 4:18 | 9.6 | 9:58 | 0.2 | 10:27 | 0.7 | 5:24 | 8:15 |  |
| 21 | Sun | 4:38 | 9.1 | 5:08 | 9.3 | 10:47 | 0.8 | 11:22 | 1.0 | 5:25 | 8:14 |  |
| 22 | Mon | 5:33 | 8.6 | 5:59 | 9.0 | 11:38 | 1.3 | | | 5:26 | 8:13 |  |
| 23 | Tue | 6:29 | 8.2 | 6:52 | 8.9 | 12:19 | 1.3 | 12:30 | 1.7 | 5:27 | 8:13 |  |
| 24 | Wed | 7:25 | 7.9 | 7:44 | 8.8 | 1:16 | 1.4 | 1:23 | 1.9 | 5:28 | 8:12 |  |
| 25 | Thu | 8:21 | 7.8 | 8:36 | 8.9 | 2:12 | 1.4 | 2:15 | 2.0 | 5:29 | 8:11 |  |
| 26 | Fri | 9:15 | 7.8 | 9:25 | 9.1 | 3:06 | 1.3 | 3:06 | 2.0 | 5:30 | 8:10 |  |
| 27 | Sat | 10:05 | 8.0 | 10:11 | 9.4 | 3:55 | 1.1 | 3:53 | 1.8 | 5:31 | 8:09 |  |
| 28 | Sun | 10:49 | 8.3 | 10:54 | 9.6 | 4:38 | 0.8 | 4:37 | 1.5 | 5:32 | 8:08 |  |
| 29 | Mon | 11:30 | 8.5 | 11:35 | 9.9 | 5:18 | 0.5 | 5:19 | 1.2 | 5:33 | 8:07 |  |
| 30 | Tue | | | 12:08 | 8.8 | 5:55 | 0.2 | 6:00 | 0.9 | 5:34 | 8:06 |  |
| 31 | Wed | 12:14 | 10.1 | 12:45 | 9.1 | 6:32 | 0.0 | 6:40 | 0.6 | 5:35 | 8:04 |  |