
































## Lynn Harbor, MA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:39	10.1	8:17	9.1	1:17	0.1	2:04	-0.3	7:13	4:21	
2	Mon	8:42	10.5	9:21	9.4	2:20	0.0	3:07	-0.7	7:13	4:22	
3	Tue	9:41	10.9	10:18	9.7	3:19	-0.3	4:04	-1.2	7:13	4:23	
4	Wed	10:34	11.2	11:09	9.9	4:14	-0.6	4:55	-1.5	7:13	4:24	
5	Thu	11:23	11.3	11:56	10.0	5:05	-0.8	5:43	-1.5	7:13	4:25	
6	Fri			12:09	11.2	5:52	-0.8	6:28	-1.4	7:13	4:26	
7	Sat	12:41	10.0	12:54	10.8	6:39	-0.6	7:12	-1.1	7:12	4:27	
8	Sun	1:25	9.8	1:37	10.4	7:24	-0.2	7:56	-0.7	7:12	4:28	
9	Mon	2:09	9.4	2:21	9.8	8:09	0.2	8:39	-0.1	7:12	4:29	
10	Tue	2:52	9.1	3:06	9.2	8:55	0.7	9:23	0.5	7:12	4:30	
11	Wed	3:37	8.7	3:54	8.6	9:43	1.2	10:09	1.1	7:11	4:31	
12	Thu	4:25	8.3	4:46	8.0	10:34	1.6	10:59	1.5	7:11	4:32	
13	Fri	5:17	8.1	5:44	7.6	11:31	1.9	11:53	1.9	7:11	4:33	
14	Sat	6:13	8.0	6:45	7.4			12:31	2.0	7:10	4:35	
15	Sun	7:10	8.1	7:46	7.5	12:49	2.0	1:31	1.8	7:10	4:36	
16	Mon	8:04	8.4	8:42	7.7	1:44	1.9	2:27	1.4	7:09	4:37	
17	Tue	8:54	8.9	9:30	8.1	2:35	1.5	3:15	0.8	7:09	4:38	
18	Wed	9:40	9.5	10:13	8.6	3:22	1.1	3:59	0.2	7:08	4:39	
19	Thu	10:21	10.1	10:53	9.1	4:05	0.5	4:39	-0.4	7:08	4:41	
20	Fri	11:01	10.6	11:32	9.5	4:47	0.0	5:19	-1.0	7:07	4:42	
21	Sat	11:41	11.0			5:29	-0.5	5:59	-1.3	7:06	4:43	
22	Sun	12:11	9.9	12:23	11.2	6:11	-0.9	6:41	-1.6	7:06	4:44	
23	Mon	12:52	10.2	1:07	11.2	6:56	-1.1	7:24	-1.6	7:05	4:46	
24	Tue	1:36	10.3	1:53	11.0	7:43	-1.1	8:10	-1.4	7:04	4:47	
25	Wed	2:21	10.4	2:43	10.5	8:33	-1.0	8:58	-1.0	7:03	4:48	
26	Thu	3:11	10.2	3:37	9.9	9:27	-0.6	9:51	-0.5	7:02	4:49	
27	Fri	4:06	10.0	4:37	9.3	10:27	-0.3	10:50	0.0	7:01	4:51	
28	Sat	5:08	9.8	5:45	8.8	11:32	0.0	11:53	0.4	7:01	4:52	
29	Sun	6:15	9.7	6:57	8.6			12:42	0.2	7:00	4:53	
30	Mon	7:25	9.7	8:08	8.7	1:00	0.5	1:51	0.0	6:59	4:55	
31	Tue	8:32	10.0	9:12	9.0	2:06	0.4	2:56	-0.3	6:58	4:56	