

































## Lynn Harbor, MA - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:38	9.6	5:03	9.2	10:47	0.4	11:17	0.2	7:13	4:21	
2	Fri	5:40	9.3	6:10	8.6	11:54	0.7			7:13	4:22	
3	Sat	6:45	9.1	7:20	8.3	12:20	0.7	1:03	0.8	7:13	4:23	
4	Sun	7:48	9.2	8:26	8.3	1:23	1.0	2:11	0.7	7:13	4:24	
5	Mon	8:47	9.3	9:24	8.5	2:24	1.0	3:11	0.5	7:13	4:25	
6	Tue	9:37	9.6	10:12	8.7	3:18	0.9	4:01	0.2	7:12	4:26	
7	Wed	10:21	9.8	10:53	8.8	4:04	0.7	4:42	-0.1	7:12	4:27	
8	Thu	10:59	10.0	11:31	9.0	4:44	0.5	5:19	-0.3	7:12	4:28	
9	Fri	11:36	10.2			5:22	0.4	5:54	-0.3	7:12	4:29	
10	Sat	12:06	9.0	12:11	10.2	5:58	0.3	6:29	-0.3	7:12	4:30	
11	Sun	12:41	9.0	12:46	10.1	6:34	0.4	7:03	-0.2	7:11	4:31	
12	Mon	1:15	8.9	1:22	9.9	7:11	0.4	7:38	-0.1	7:11	4:32	
13	Tue	1:51	8.9	1:59	9.6	7:49	0.6	8:15	0.1	7:11	4:34	
14	Wed	2:27	8.8	2:37	9.3	8:28	0.7	8:53	0.3	7:10	4:35	
15	Thu	3:05	8.7	3:19	9.0	9:11	0.9	9:34	0.6	7:10	4:36	
16	Fri	3:47	8.6	4:06	8.6	9:58	1.1	10:20	0.8	7:09	4:37	
17	Sat	4:35	8.7	5:00	8.4	10:52	1.1	11:14	1.0	7:09	4:38	
18	Sun	5:30	8.8	6:02	8.2	11:53	1.0			7:08	4:39	
19	Mon	6:29	9.1	7:07	8.3	12:12	1.0	12:56	0.7	7:07	4:41	
20	Tue	7:31	9.6	8:11	8.7	1:14	0.8	1:59	0.1	7:07	4:42	
21	Wed	8:32	10.3	9:12	9.3	2:14	0.3	2:59	-0.7	7:06	4:43	
22	Thu	9:30	11.0	10:08	9.9	3:12	-0.3	3:55	-1.4	7:05	4:44	
23	Fri	10:24	11.6	11:00	10.4	4:07	-0.9	4:47	-2.0	7:05	4:46	
24	Sat	11:16	12.0	11:50	10.8	5:00	-1.5	5:37	-2.4	7:04	4:47	
25	Sun			12:06	12.1	5:51	-1.7	6:26	-2.4	7:03	4:48	
26	Mon	12:40	10.9	12:57	11.9	6:42	-1.8	7:16	-2.2	7:02	4:50	
27	Tue	1:29	10.8	1:49	11.3	7:34	-1.5	8:05	-1.7	7:01	4:51	
28	Wed	2:20	10.5	2:41	10.6	8:27	-1.0	8:56	-1.0	7:00	4:52	
29	Thu	3:12	10.1	3:37	9.7	9:22	-0.4	9:49	-0.2	6:59	4:53	
30	Fri	4:07	9.6	4:37	8.9	10:21	0.3	10:47	0.6	6:58	4:55	
31	Sat	5:07	9.1	5:43	8.3	11:26	0.8	11:49	1.1	6:57	4:56	