


































Lynn Harbor, MA - Aug 2056

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 3:54 | 9.3 | 4:26 | 9.0 | 10:08 | 0.7 | 10:33 | 1.2 | 5:37 | 8:03 |  |
| 2 | Wed | 4:43 | 8.8 | 5:12 | 8.8 | 10:53 | 1.1 | 11:23 | 1.5 | 5:38 | 8:01 |  |
| 3 | Thu | 5:33 | 8.4 | 5:59 | 8.6 | 11:40 | 1.5 | | | 5:39 | 8:00 |  |
| 4 | Fri | 6:26 | 8.1 | 6:48 | 8.6 | 12:15 | 1.6 | 12:29 | 1.9 | 5:40 | 7:59 |  |
| 5 | Sat | 7:20 | 7.9 | 7:38 | 8.6 | 1:09 | 1.7 | 1:19 | 2.0 | 5:41 | 7:58 |  |
| 6 | Sun | 8:14 | 7.8 | 8:28 | 8.8 | 2:02 | 1.6 | 2:10 | 2.1 | 5:42 | 7:56 |  |
| 7 | Mon | 9:07 | 7.9 | 9:18 | 9.1 | 2:55 | 1.4 | 3:00 | 1.9 | 5:43 | 7:55 |  |
| 8 | Tue | 9:57 | 8.1 | 10:05 | 9.4 | 3:44 | 1.0 | 3:48 | 1.6 | 5:44 | 7:54 |  |
| 9 | Wed | 10:44 | 8.4 | 10:50 | 9.9 | 4:30 | 0.6 | 4:34 | 1.3 | 5:45 | 7:52 |  |
| 10 | Thu | 11:27 | 8.8 | 11:33 | 10.3 | 5:13 | 0.1 | 5:19 | 0.8 | 5:46 | 7:51 |  |
| 11 | Fri | | | 12:09 | 9.2 | 5:56 | -0.3 | 6:04 | 0.4 | 5:47 | 7:50 |  |
| 12 | Sat | 12:17 | 10.6 | 12:51 | 9.6 | 6:38 | -0.6 | 6:49 | 0.0 | 5:48 | 7:48 |  |
| 13 | Sun | 1:01 | 10.8 | 1:34 | 9.9 | 7:21 | -0.8 | 7:36 | -0.3 | 5:49 | 7:47 |  |
| 14 | Mon | 1:48 | 10.8 | 2:19 | 10.2 | 8:06 | -0.9 | 8:26 | -0.5 | 5:50 | 7:45 |  |
| 15 | Tue | 2:37 | 10.6 | 3:06 | 10.4 | 8:53 | -0.8 | 9:17 | -0.5 | 5:51 | 7:44 |  |
| 16 | Wed | 3:29 | 10.4 | 3:56 | 10.5 | 9:42 | -0.6 | 10:12 | -0.5 | 5:53 | 7:42 |  |
| 17 | Thu | 4:24 | 10.0 | 4:49 | 10.5 | 10:34 | -0.3 | 11:09 | -0.4 | 5:54 | 7:41 |  |
| 18 | Fri | 5:22 | 9.5 | 5:46 | 10.5 | 11:29 | 0.1 | | | 5:55 | 7:39 |  |
| 19 | Sat | 6:25 | 9.2 | 6:47 | 10.4 | 12:11 | -0.2 | 12:29 | 0.4 | 5:56 | 7:38 |  |
| 20 | Sun | 7:31 | 8.9 | 7:50 | 10.4 | 1:15 | -0.1 | 1:31 | 0.6 | 5:57 | 7:36 |  |
| 21 | Mon | 8:36 | 8.9 | 8:53 | 10.4 | 2:19 | -0.1 | 2:33 | 0.6 | 5:58 | 7:35 |  |
| 22 | Tue | 9:39 | 9.1 | 9:54 | 10.5 | 3:22 | -0.2 | 3:34 | 0.5 | 5:59 | 7:33 |  |
| 23 | Wed | 10:37 | 9.3 | 10:49 | 10.6 | 4:20 | -0.4 | 4:32 | 0.3 | 6:00 | 7:31 |  |
| 24 | Thu | 11:29 | 9.5 | 11:40 | 10.6 | 5:12 | -0.5 | 5:24 | 0.1 | 6:01 | 7:30 |  |
| 25 | Fri | | | 12:15 | 9.7 | 6:00 | -0.5 | 6:13 | 0.1 | 6:02 | 7:28 |  |
| 26 | Sat | 12:27 | 10.5 | 12:59 | 9.7 | 6:43 | -0.4 | 6:58 | 0.1 | 6:03 | 7:27 |  |
| 27 | Sun | 1:11 | 10.2 | 1:40 | 9.7 | 7:25 | -0.2 | 7:43 | 0.3 | 6:04 | 7:25 |  |
| 28 | Mon | 1:54 | 9.9 | 2:21 | 9.5 | 8:07 | 0.1 | 8:27 | 0.5 | 6:05 | 7:23 |  |
| 29 | Tue | 2:38 | 9.5 | 3:02 | 9.3 | 8:47 | 0.5 | 9:11 | 0.8 | 6:06 | 7:22 |  |
| 30 | Wed | 3:21 | 9.1 | 3:43 | 9.0 | 9:29 | 1.0 | 9:55 | 1.1 | 6:07 | 7:20 |  |
| 31 | Thu | 4:07 | 8.7 | 4:26 | 8.8 | 10:11 | 1.4 | 10:42 | 1.3 | 6:08 | 7:18 |  |