

































## Lynn Harbor, MA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:51	9.8	7:28	8.9	12:34	0.4	1:16	0.1	7:13	4:22	
2	Tue	7:54	10.2	8:34	9.1	1:36	0.2	2:21	-0.4	7:13	4:22	
3	Wed	8:55	10.8	9:36	9.4	2:37	0.0	3:22	-1.0	7:13	4:23	
4	Thu	9:52	11.3	10:33	9.8	3:35	-0.4	4:19	-1.5	7:13	4:24	
5	Fri	10:46	11.6	11:26	10.0	4:30	-0.7	5:11	-1.8	7:13	4:25	
6	Sat	11:38	11.7			5:22	-0.9	6:02	-1.9	7:12	4:26	
7	Sun	12:17	10.1	12:28	11.6	6:12	-0.9	6:51	-1.7	7:12	4:27	
8	Mon	1:06	10.0	1:17	11.2	7:03	-0.7	7:39	-1.3	7:12	4:28	
9	Tue	1:55	9.7	2:06	10.6	7:53	-0.3	8:27	-0.8	7:12	4:29	
10	Wed	2:43	9.4	2:56	9.8	8:44	0.2	9:15	-0.1	7:12	4:31	
11	Thu	3:33	9.0	3:47	9.1	9:36	0.8	10:05	0.6	7:11	4:32	
12	Fri	4:24	8.6	4:42	8.4	10:32	1.3	10:58	1.2	7:11	4:33	
13	Sat	5:19	8.2	5:43	7.8	11:32	1.7	11:54	1.7	7:10	4:34	
14	Sun	6:17	8.1	6:47	7.5			12:36	1.8	7:10	4:35	
15	Mon	7:16	8.1	7:51	7.5	12:53	2.0	1:41	1.7	7:10	4:36	
16	Tue	8:12	8.3	8:49	7.6	1:50	2.0	2:39	1.4	7:09	4:37	
17	Wed	9:02	8.7	9:38	7.9	2:42	1.8	3:29	1.0	7:08	4:39	
18	Thu	9:47	9.1	10:20	8.2	3:28	1.5	4:10	0.5	7:08	4:40	
19	Fri	10:26	9.6	10:58	8.5	4:08	1.1	4:47	0.1	7:07	4:41	
20	Sat	11:02	10.0	11:34	8.8	4:46	0.8	5:22	-0.3	7:07	4:42	
21	Sun	11:38	10.3			5:23	0.4	5:58	-0.6	7:06	4:44	
22	Mon	12:09	9.0	12:14	10.5	6:00	0.1	6:34	-0.8	7:05	4:45	
23	Tue	12:44	9.2	12:52	10.6	6:39	-0.1	7:11	-0.8	7:04	4:46	
24	Wed	1:21	9.4	1:31	10.5	7:20	-0.2	7:51	-0.8	7:04	4:47	
25	Thu	2:00	9.6	2:14	10.3	8:04	-0.3	8:33	-0.6	7:03	4:49	
26	Fri	2:42	9.6	3:00	9.9	8:51	-0.2	9:18	-0.4	7:02	4:50	
27	Sat	3:29	9.7	3:53	9.4	9:44	0.0	10:09	0.0	7:01	4:51	
28	Sun	4:22	9.6	4:53	8.9	10:43	0.1	11:07	0.4	7:00	4:52	
29	Mon	5:22	9.6	6:01	8.5	11:49	0.2			6:59	4:54	
30	Tue	6:28	9.7	7:12	8.4	12:10	0.6	12:58	0.1	6:58	4:55	
31	Wed	7:36	9.9	8:23	8.6	1:16	0.6	2:06	-0.2	6:57	4:56	