


































Manchester By The Sea, MA - Jan 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 8:56 | 10.6 | 9:44 | 8.6 | 2:51 | 0.7 | 3:49 | -0.3 | 7:12 | 4:20 |  |
| 2 | Fri | 9:57 | 11.0 | 10:44 | 9.0 | 3:52 | 0.5 | 4:49 | -0.8 | 7:12 | 4:21 |  |
| 3 | Sat | 10:55 | 11.3 | 11:38 | 9.3 | 4:50 | 0.2 | 5:44 | -1.1 | 7:12 | 4:22 |  |
| 4 | Sun | 11:49 | 11.4 | | | 5:45 | -0.1 | 6:35 | -1.3 | 7:12 | 4:23 |  |
| 5 | Mon | 12:30 | 9.5 | 12:40 | 11.3 | 6:37 | -0.2 | 7:22 | -1.3 | 7:12 | 4:24 |  |
| 6 | Tue | 1:19 | 9.6 | 1:29 | 11.0 | 7:27 | -0.2 | 8:08 | -1.0 | 7:12 | 4:25 |  |
| 7 | Wed | 2:07 | 9.6 | 2:18 | 10.5 | 8:16 | 0.0 | 8:51 | -0.6 | 7:12 | 4:26 |  |
| 8 | Thu | 2:54 | 9.5 | 3:05 | 9.9 | 9:04 | 0.4 | 9:34 | -0.2 | 7:12 | 4:27 |  |
| 9 | Fri | 3:41 | 9.3 | 3:53 | 9.2 | 9:52 | 0.8 | 10:17 | 0.4 | 7:12 | 4:28 |  |
| 10 | Sat | 4:27 | 9.1 | 4:43 | 8.6 | 10:42 | 1.2 | 11:02 | 0.9 | 7:11 | 4:29 |  |
| 11 | Sun | 5:16 | 8.9 | 5:37 | 8.0 | 11:35 | 1.5 | 11:49 | 1.4 | 7:11 | 4:30 |  |
| 12 | Mon | 6:07 | 8.7 | 6:36 | 7.6 | | | 12:32 | 1.7 | 7:11 | 4:31 |  |
| 13 | Tue | 7:01 | 8.7 | 7:37 | 7.4 | 12:39 | 1.7 | 1:30 | 1.8 | 7:10 | 4:32 |  |
| 14 | Wed | 7:55 | 8.7 | 8:36 | 7.3 | 1:31 | 1.9 | 2:29 | 1.6 | 7:10 | 4:33 |  |
| 15 | Thu | 8:47 | 8.9 | 9:30 | 7.5 | 2:23 | 2.0 | 3:24 | 1.3 | 7:09 | 4:35 |  |
| 16 | Fri | 9:36 | 9.1 | 10:19 | 7.7 | 3:15 | 1.9 | 4:14 | 1.0 | 7:09 | 4:36 |  |
| 17 | Sat | 10:21 | 9.4 | 11:02 | 8.0 | 4:06 | 1.6 | 4:58 | 0.6 | 7:08 | 4:37 |  |
| 18 | Sun | 11:01 | 9.7 | 11:39 | 8.2 | 4:53 | 1.3 | 5:39 | 0.3 | 7:08 | 4:38 |  |
| 19 | Mon | 11:38 | 9.9 | | | 5:37 | 1.0 | 6:18 | 0.1 | 7:07 | 4:39 |  |
| 20 | Tue | 12:13 | 8.5 | 12:14 | 10.0 | 6:21 | 0.7 | 6:57 | -0.1 | 7:07 | 4:41 |  |
| 21 | Wed | 12:47 | 8.8 | 12:51 | 10.1 | 7:04 | 0.5 | 7:37 | -0.2 | 7:06 | 4:42 |  |
| 22 | Thu | 1:22 | 9.1 | 1:31 | 10.1 | 7:47 | 0.4 | 8:17 | -0.2 | 7:05 | 4:43 |  |
| 23 | Fri | 2:01 | 9.4 | 2:15 | 9.9 | 8:33 | 0.4 | 8:59 | -0.1 | 7:04 | 4:44 |  |
| 24 | Sat | 2:44 | 9.6 | 3:02 | 9.6 | 9:21 | 0.4 | 9:43 | 0.1 | 7:04 | 4:46 |  |
| 25 | Sun | 3:30 | 9.7 | 3:53 | 9.1 | 10:13 | 0.5 | 10:32 | 0.4 | 7:03 | 4:47 |  |
| 26 | Mon | 4:22 | 9.8 | 4:51 | 8.6 | 11:11 | 0.7 | 11:26 | 0.7 | 7:02 | 4:48 |  |
| 27 | Tue | 5:20 | 9.8 | 5:58 | 8.2 | | | 12:15 | 0.7 | 7:01 | 4:50 |  |
| 28 | Wed | 6:25 | 9.8 | 7:12 | 7.9 | 12:26 | 1.0 | 1:22 | 0.6 | 7:00 | 4:51 |  |
| 29 | Thu | 7:35 | 10.0 | 8:26 | 8.1 | 1:30 | 1.1 | 2:31 | 0.3 | 6:59 | 4:52 |  |
| 30 | Fri | 8:44 | 10.2 | 9:32 | 8.4 | 2:34 | 0.9 | 3:37 | -0.1 | 6:58 | 4:54 |  |
| 31 | Sat | 9:49 | 10.6 | 10:31 | 8.9 | 3:37 | 0.6 | 4:37 | -0.5 | 6:57 | 4:55 |  |