


































Manchester By The Sea, MA - Jan 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 5:55 | 9.9 | 6:25 | 8.6 | | | 12:29 | 0.6 | 7:12 | 4:20 |  |
| 2 | Tue | 6:58 | 9.8 | 7:33 | 8.2 | 12:43 | 0.6 | 1:36 | 0.7 | 7:12 | 4:21 |  |
| 3 | Wed | 7:59 | 9.9 | 8:38 | 8.1 | 1:41 | 0.9 | 2:44 | 0.6 | 7:12 | 4:22 |  |
| 4 | Thu | 8:57 | 9.9 | 9:37 | 8.1 | 2:40 | 1.1 | 3:48 | 0.4 | 7:12 | 4:23 |  |
| 5 | Fri | 9:51 | 10.0 | 10:30 | 8.3 | 3:36 | 1.1 | 4:43 | 0.2 | 7:12 | 4:24 |  |
| 6 | Sat | 10:40 | 10.1 | 11:17 | 8.4 | 4:28 | 1.1 | 5:29 | 0.1 | 7:12 | 4:25 |  |
| 7 | Sun | 11:24 | 10.1 | 11:59 | 8.5 | 5:14 | 1.0 | 6:07 | 0.1 | 7:12 | 4:26 |  |
| 8 | Mon | | | 12:04 | 10.0 | 5:57 | 1.0 | 6:42 | 0.1 | 7:12 | 4:27 |  |
| 9 | Tue | 12:38 | 8.6 | 12:41 | 9.9 | 6:37 | 0.9 | 7:17 | 0.2 | 7:12 | 4:28 |  |
| 10 | Wed | 1:14 | 8.6 | 1:17 | 9.7 | 7:17 | 0.9 | 7:52 | 0.3 | 7:11 | 4:29 |  |
| 11 | Thu | 1:49 | 8.6 | 1:53 | 9.5 | 7:58 | 0.9 | 8:28 | 0.5 | 7:11 | 4:30 |  |
| 12 | Fri | 2:23 | 8.6 | 2:31 | 9.2 | 8:39 | 1.0 | 9:06 | 0.7 | 7:11 | 4:31 |  |
| 13 | Sat | 2:59 | 8.7 | 3:11 | 8.8 | 9:23 | 1.2 | 9:45 | 0.9 | 7:10 | 4:32 |  |
| 14 | Sun | 3:38 | 8.7 | 3:55 | 8.3 | 10:10 | 1.4 | 10:28 | 1.2 | 7:10 | 4:34 |  |
| 15 | Mon | 4:21 | 8.7 | 4:44 | 7.9 | 11:01 | 1.6 | 11:16 | 1.5 | 7:09 | 4:35 |  |
| 16 | Tue | 5:09 | 8.8 | 5:40 | 7.5 | 11:58 | 1.6 | | | 7:09 | 4:36 |  |
| 17 | Wed | 6:03 | 8.8 | 6:43 | 7.4 | 12:08 | 1.7 | 12:58 | 1.6 | 7:08 | 4:37 |  |
| 18 | Thu | 7:03 | 9.0 | 7:49 | 7.4 | 1:05 | 1.7 | 1:59 | 1.3 | 7:08 | 4:38 |  |
| 19 | Fri | 8:03 | 9.4 | 8:53 | 7.8 | 2:04 | 1.6 | 2:58 | 0.8 | 7:07 | 4:40 |  |
| 20 | Sat | 9:03 | 9.8 | 9:51 | 8.3 | 3:02 | 1.3 | 3:55 | 0.2 | 7:06 | 4:41 |  |
| 21 | Sun | 9:59 | 10.4 | 10:43 | 8.9 | 3:59 | 0.8 | 4:49 | -0.4 | 7:06 | 4:42 |  |
| 22 | Mon | 10:52 | 10.9 | 11:32 | 9.4 | 4:54 | 0.2 | 5:39 | -1.0 | 7:05 | 4:43 |  |
| 23 | Tue | 11:42 | 11.3 | | | 5:46 | -0.3 | 6:27 | -1.4 | 7:04 | 4:45 |  |
| 24 | Wed | 12:19 | 9.9 | 12:31 | 11.4 | 6:37 | -0.7 | 7:14 | -1.6 | 7:03 | 4:46 |  |
| 25 | Thu | 1:07 | 10.3 | 1:21 | 11.3 | 7:28 | -0.9 | 8:00 | -1.6 | 7:03 | 4:47 |  |
| 26 | Fri | 1:55 | 10.5 | 2:12 | 10.9 | 8:19 | -0.9 | 8:47 | -1.3 | 7:02 | 4:48 |  |
| 27 | Sat | 2:44 | 10.5 | 3:04 | 10.3 | 9:12 | -0.6 | 9:36 | -0.9 | 7:01 | 4:50 |  |
| 28 | Sun | 3:36 | 10.4 | 3:59 | 9.6 | 10:06 | -0.2 | 10:26 | -0.3 | 7:00 | 4:51 |  |
| 29 | Mon | 4:30 | 10.1 | 4:59 | 8.8 | 11:04 | 0.3 | 11:19 | 0.4 | 6:59 | 4:52 |  |
| 30 | Tue | 5:29 | 9.8 | 6:05 | 8.2 | | | 12:08 | 0.7 | 6:58 | 4:54 |  |
| 31 | Wed | 6:33 | 9.5 | 7:13 | 7.8 | 12:16 | 0.9 | 1:16 | 0.9 | 6:57 | 4:55 |  |