

Quincy, (Nut Island), MA - Aug 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:05	11.3	2:40	10.5	8:23	-0.9	8:45	-0.2	5:36	8:03	
2	Sat	2:58	10.8	3:31	10.4	9:12	-0.5	9:39	0.1	5:37	8:02	
3	Sun	3:51	10.2	4:22	10.2	10:02	0.1	10:34	0.4	5:38	8:01	
4	Mon	4:47	9.5	5:14	9.9	10:53	0.7	11:32	0.7	5:39	8:00	
5	Tue	5:45	8.9	6:07	9.7	11:46	1.3			5:40	7:58	
6	Wed	6:44	8.5	7:01	9.4	12:31	1.0	12:40	1.8	5:41	7:57	
7	Thu	7:44	8.1	7:57	9.3	1:31	1.2	1:35	2.1	5:42	7:56	
8	Fri	8:44	8.0	8:53	9.3	2:31	1.2	2:31	2.2	5:43	7:55	
9	Sat	9:40	8.1	9:47	9.4	3:29	1.2	3:25	2.1	5:44	7:53	
10	Sun	10:29	8.2	10:34	9.6	4:19	1.1	4:14	1.9	5:45	7:52	
11	Mon	11:12	8.4	11:17	9.8	5:02	0.9	4:59	1.6	5:46	7:50	
12	Tue	11:50	8.6	11:56	9.9	5:40	0.7	5:40	1.4	5:47	7:49	
13	Wed			12:27	8.9	6:16	0.6	6:20	1.2	5:49	7:48	
14	Thu	12:34	10.0	1:03	9.1	6:52	0.5	6:59	1.0	5:50	7:46	
15	Fri	1:10	9.9	1:38	9.3	7:27	0.4	7:39	0.9	5:51	7:45	
16	Sat	1:48	9.8	2:13	9.5	8:03	0.4	8:19	0.8	5:52	7:43	
17	Sun	2:26	9.7	2:49	9.7	8:39	0.5	9:01	0.7	5:53	7:42	
18	Mon	3:07	9.5	3:28	9.8	9:19	0.6	9:46	0.6	5:54	7:40	
19	Tue	3:52	9.2	4:12	10.0	10:02	0.8	10:36	0.6	5:55	7:39	
20	Wed	4:43	8.9	5:02	10.1	10:50	1.1	11:32	0.6	5:56	7:37	
21	Thu	5:40	8.7	5:58	10.2	11:45	1.2			5:57	7:36	
22	Fri	6:41	8.6	6:59	10.3	12:32	0.5	12:45	1.3	5:58	7:34	
23	Sat	7:45	8.6	8:03	10.5	1:35	0.4	1:48	1.2	5:59	7:33	
24	Sun	8:51	8.9	9:09	10.8	2:39	0.2	2:52	0.9	6:00	7:31	
25	Mon	9:54	9.3	10:11	11.1	3:41	-0.2	3:54	0.4	6:01	7:29	
26	Tue	10:51	9.8	11:08	11.4	4:38	-0.6	4:52	-0.1	6:02	7:28	
27	Wed	11:44	10.3			5:31	-0.9	5:47	-0.4	6:03	7:26	
28	Thu	12:01	11.4	12:34	10.6	6:21	-1.0	6:40	-0.6	6:04	7:25	
29	Fri	12:53	11.3	1:23	10.8	7:09	-0.9	7:31	-0.6	6:05	7:23	
30	Sat	1:44	10.9	2:10	10.7	7:55	-0.6	8:22	-0.4	6:06	7:21	
31	Sun	2:34	10.4	2:56	10.5	8:41	-0.1	9:11	-0.1	6:08	7:20	