

## Quincy, (Nut Island), MA - Jan 1970

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Thu | 4:53  | 8.8  | 5:15  | 8.2  | 11:09 | 1.5  | 11:25 | 1.4  | 7:12                                                                                | 4:22 |    |
| 2    | Fri | 5:41  | 9.0  | 6:11  | 8.2  |       |      | 12:03 | 1.3  | 7:12                                                                                | 4:22 |    |
| 3    | Sat | 6:31  | 9.4  | 7:09  | 8.2  | 12:17 | 1.4  | 1:00  | 0.8  | 7:12                                                                                | 4:23 |    |
| 4    | Sun | 7:25  | 9.8  | 8:08  | 8.5  | 1:11  | 1.3  | 1:57  | 0.3  | 7:12                                                                                | 4:24 |    |
| 5    | Mon | 8:21  | 10.3 | 9:05  | 8.8  | 2:08  | 1.1  | 2:54  | -0.3 | 7:12                                                                                | 4:25 |    |
| 6    | Tue | 9:16  | 10.9 | 10:00 | 9.2  | 3:03  | 0.7  | 3:48  | -0.8 | 7:12                                                                                | 4:26 |    |
| 7    | Wed | 10:10 | 11.4 | 10:53 | 9.6  | 3:58  | 0.2  | 4:41  | -1.3 | 7:12                                                                                | 4:27 |    |
| 8    | Thu | 11:04 | 11.7 | 11:45 | 10.0 | 4:51  | -0.2 | 5:33  | -1.6 | 7:12                                                                                | 4:28 |    |
| 9    | Fri | 11:58 | 11.8 |       |      | 5:45  | -0.5 | 6:25  | -1.7 | 7:12                                                                                | 4:29 |    |
| 10   | Sat | 12:38 | 10.2 | 12:52 | 11.6 | 6:39  | -0.7 | 7:16  | -1.5 | 7:12                                                                                | 4:30 |    |
| 11   | Sun | 1:30  | 10.4 | 1:46  | 11.2 | 7:34  | -0.6 | 8:06  | -1.2 | 7:11                                                                                | 4:31 |    |
| 12   | Mon | 2:23  | 10.4 | 2:42  | 10.6 | 8:29  | -0.4 | 8:58  | -0.8 | 7:11                                                                                | 4:32 |   |
| 13   | Tue | 3:17  | 10.3 | 3:39  | 9.9  | 9:27  | -0.1 | 9:51  | -0.2 | 7:11                                                                                | 4:34 |  |
| 14   | Wed | 4:13  | 10.1 | 4:39  | 9.3  | 10:27 | 0.2  | 10:46 | 0.4  | 7:10                                                                                | 4:35 |  |
| 15   | Thu | 5:09  | 9.9  | 5:41  | 8.7  | 11:30 | 0.5  | 11:43 | 1.0  | 7:10                                                                                | 4:36 |  |
| 16   | Fri | 6:06  | 9.7  | 6:45  | 8.3  |       |      | 12:32 | 0.7  | 7:09                                                                                | 4:37 |  |
| 17   | Sat | 7:04  | 9.5  | 7:49  | 8.1  | 12:40 | 1.4  | 1:36  | 0.7  | 7:09                                                                                | 4:38 |  |
| 18   | Sun | 8:01  | 9.4  | 8:48  | 8.1  | 1:38  | 1.6  | 2:36  | 0.6  | 7:08                                                                                | 4:39 |  |
| 19   | Mon | 8:55  | 9.5  | 9:39  | 8.2  | 2:34  | 1.7  | 3:28  | 0.5  | 7:08                                                                                | 4:41 |  |
| 20   | Tue | 9:43  | 9.6  | 10:23 | 8.3  | 3:24  | 1.6  | 4:13  | 0.4  | 7:07                                                                                | 4:42 |  |
| 21   | Wed | 10:26 | 9.8  | 11:02 | 8.5  | 4:08  | 1.4  | 4:53  | 0.3  | 7:06                                                                                | 4:43 |  |
| 22   | Thu | 11:06 | 9.9  | 11:40 | 8.6  | 4:50  | 1.2  | 5:30  | 0.3  | 7:06                                                                                | 4:44 |  |
| 23   | Fri | 11:45 | 9.9  |       |      | 5:30  | 1.0  | 6:06  | 0.3  | 7:05                                                                                | 4:46 |  |
| 24   | Sat | 12:16 | 8.7  | 12:22 | 9.8  | 6:09  | 0.9  | 6:41  | 0.3  | 7:04                                                                                | 4:47 |  |
| 25   | Sun | 12:52 | 8.8  | 12:59 | 9.6  | 6:48  | 0.9  | 7:16  | 0.4  | 7:03                                                                                | 4:48 |  |
| 26   | Mon | 1:27  | 8.9  | 1:37  | 9.4  | 7:28  | 1.0  | 7:52  | 0.5  | 7:02                                                                                | 4:49 |  |
| 27   | Tue | 2:03  | 9.0  | 2:15  | 9.1  | 8:08  | 1.0  | 8:29  | 0.7  | 7:02                                                                                | 4:51 |  |
| 28   | Wed | 2:41  | 9.0  | 2:57  | 8.8  | 8:51  | 1.1  | 9:09  | 0.9  | 7:01                                                                                | 4:52 |  |
| 29   | Thu | 3:21  | 9.1  | 3:44  | 8.5  | 9:38  | 1.1  | 9:54  | 1.2  | 7:00                                                                                | 4:53 |  |
| 30   | Fri | 4:06  | 9.2  | 4:37  | 8.2  | 10:30 | 1.1  | 10:44 | 1.4  | 6:59                                                                                | 4:55 |  |
| 31   | Sat | 4:57  | 9.3  | 5:34  | 8.1  | 11:27 | 0.9  | 11:39 | 1.5  | 6:58                                                                                | 4:56 |  |