

Quincy, (Nut Island), MA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:30	8.8	10:36	10.3	4:18	0.2	4:19	1.4	5:10	8:24	
2	Thu	11:19	8.8	11:22	10.3	5:07	0.2	5:07	1.4	5:11	8:24	
3	Fri			12:05	8.8	5:53	0.2	5:52	1.4	5:11	8:23	
4	Sat	12:06	10.2	12:48	8.8	6:35	0.2	6:35	1.4	5:12	8:23	
5	Sun	12:49	10.2	1:29	8.8	7:17	0.3	7:18	1.4	5:13	8:23	
6	Mon	1:31	10.0	2:09	8.8	7:56	0.5	8:01	1.4	5:13	8:23	
7	Tue	2:13	9.9	2:49	8.8	8:35	0.6	8:44	1.5	5:14	8:22	
8	Wed	2:55	9.6	3:29	8.9	9:14	0.8	9:28	1.6	5:15	8:22	
9	Thu	3:37	9.3	4:10	8.9	9:54	1.0	10:13	1.7	5:15	8:22	
10	Fri	4:22	8.9	4:52	9.0	10:36	1.2	11:01	1.7	5:16	8:21	
11	Sat	5:08	8.6	5:36	9.1	11:20	1.4	11:51	1.7	5:17	8:21	
12	Sun	5:58	8.4	6:22	9.2			12:06	1.6	5:17	8:20	
13	Mon	6:50	8.2	7:09	9.4	12:43	1.5	12:54	1.7	5:18	8:20	
14	Tue	7:45	8.2	8:00	9.7	1:36	1.3	1:46	1.7	5:19	8:19	
15	Wed	8:42	8.3	8:54	10.1	2:32	0.9	2:41	1.6	5:20	8:18	
16	Thu	9:39	8.6	9:49	10.6	3:28	0.5	3:36	1.3	5:21	8:18	
17	Fri	10:33	9.0	10:43	11.1	4:23	-0.1	4:31	0.8	5:22	8:17	
18	Sat	11:26	9.4	11:37	11.5	5:15	-0.6	5:24	0.4	5:22	8:16	
19	Sun			12:18	9.8	6:07	-0.9	6:18	0.0	5:23	8:16	
20	Mon	12:31	11.7	1:11	10.2	6:58	-1.2	7:12	-0.3	5:24	8:15	
21	Tue	1:25	11.7	2:03	10.5	7:49	-1.2	8:07	-0.5	5:25	8:14	
22	Wed	2:20	11.5	2:55	10.7	8:39	-1.1	9:02	-0.4	5:26	8:13	
23	Thu	3:14	11.0	3:48	10.7	9:30	-0.8	9:59	-0.3	5:27	8:12	
24	Fri	4:11	10.4	4:43	10.7	10:22	-0.3	10:58	0.0	5:28	8:12	
25	Sat	5:10	9.8	5:38	10.5	11:16	0.3	11:59	0.3	5:29	8:11	
26	Sun	6:11	9.2	6:35	10.3			12:12	0.8	5:30	8:10	
27	Mon	7:13	8.8	7:33	10.0	1:01	0.5	1:10	1.3	5:31	8:09	
28	Tue	8:17	8.5	8:31	9.9	2:03	0.6	2:08	1.6	5:32	8:08	
29	Wed	9:19	8.4	9:28	9.8	3:05	0.7	3:06	1.7	5:33	8:07	
30	Thu	10:15	8.5	10:20	9.9	4:03	0.6	4:00	1.7	5:34	8:06	
31	Fri	11:03	8.5	11:07	10.0	4:52	0.6	4:49	1.6	5:35	8:05	