

Quincy, (Nut Island), MA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:45	8.7	11:49	10.0	5:35	0.5	5:33	1.4	5:36	8:03	
2	Sun			12:24	8.8	6:15	0.5	6:14	1.3	5:37	8:02	
3	Mon	12:29	10.0	1:02	8.9	6:52	0.5	6:55	1.2	5:38	8:01	
4	Tue	1:09	10.0	1:39	9.0	7:27	0.5	7:35	1.1	5:39	8:00	
5	Wed	1:47	9.8	2:15	9.1	8:03	0.6	8:16	1.2	5:40	7:59	
6	Thu	2:25	9.5	2:51	9.2	8:39	0.8	8:56	1.2	5:41	7:57	
7	Fri	3:04	9.2	3:28	9.2	9:16	1.0	9:38	1.3	5:42	7:56	
8	Sat	3:45	8.9	4:07	9.3	9:54	1.2	10:23	1.4	5:43	7:55	
9	Sun	4:30	8.6	4:50	9.3	10:37	1.5	11:12	1.4	5:44	7:54	
10	Mon	5:19	8.3	5:37	9.4	11:24	1.7			5:45	7:52	
11	Tue	6:13	8.2	6:29	9.5	12:05	1.3	12:16	1.8	5:46	7:51	
12	Wed	7:10	8.1	7:26	9.8	1:01	1.1	1:13	1.7	5:47	7:49	
13	Thu	8:11	8.3	8:26	10.2	2:01	0.8	2:12	1.5	5:48	7:48	
14	Fri	9:12	8.7	9:27	10.7	3:01	0.4	3:12	1.1	5:49	7:47	
15	Sat	10:10	9.2	10:25	11.2	3:59	-0.1	4:11	0.5	5:50	7:45	
16	Sun	11:05	9.8	11:20	11.6	4:54	-0.7	5:07	-0.1	5:51	7:44	
17	Mon	11:57	10.4			5:45	-1.1	6:01	-0.6	5:52	7:42	
18	Tue	12:14	11.8	12:48	10.8	6:36	-1.3	6:55	-0.9	5:54	7:41	
19	Wed	1:08	11.7	1:39	11.1	7:25	-1.3	7:49	-1.0	5:55	7:39	
20	Thu	2:01	11.3	2:29	11.2	8:14	-1.1	8:42	-0.9	5:56	7:38	
21	Fri	2:55	10.8	3:20	11.1	9:03	-0.6	9:37	-0.6	5:57	7:36	
22	Sat	3:49	10.2	4:13	10.8	9:54	0.0	10:34	-0.1	5:58	7:35	
23	Sun	4:47	9.5	5:08	10.3	10:48	0.7	11:34	0.3	5:59	7:33	
24	Mon	5:49	8.9	6:07	9.9	11:46	1.3			6:00	7:31	
25	Tue	6:52	8.5	7:07	9.6	12:36	0.7	12:45	1.7	6:01	7:30	
26	Wed	7:56	8.3	8:09	9.4	1:40	1.0	1:46	2.0	6:02	7:28	
27	Thu	8:58	8.2	9:09	9.5	2:44	1.1	2:46	2.0	6:03	7:27	
28	Fri	9:53	8.4	10:02	9.6	3:42	1.0	3:41	1.8	6:04	7:25	
29	Sat	10:39	8.6	10:47	9.8	4:30	0.9	4:29	1.5	6:05	7:23	
30	Sun	11:19	8.8	11:28	9.9	5:10	0.7	5:11	1.2	6:06	7:22	
31	Mon	11:55	9.1			5:46	0.7	5:51	1.0	6:07	7:20	