

Quincy, (Nut Island), MA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:35	11.0	11:14	9.7	4:21	0.0	4:59	-0.9	7:12	4:21	
2	Fri	11:23	10.9			5:10	0.0	5:46	-0.9	7:12	4:22	
3	Sat	12:01	9.7	12:09	10.7	5:57	0.1	6:31	-0.7	7:12	4:23	
4	Sun	12:45	9.6	12:54	10.4	6:43	0.3	7:14	-0.4	7:12	4:24	
5	Mon	1:29	9.4	1:39	10.0	7:28	0.5	7:57	0.0	7:12	4:25	
6	Tue	2:12	9.3	2:24	9.6	8:14	0.8	8:40	0.4	7:12	4:26	
7	Wed	2:57	9.1	3:12	9.1	9:02	1.0	9:25	0.8	7:12	4:27	
8	Thu	3:43	9.0	4:02	8.7	9:52	1.3	10:12	1.1	7:12	4:28	
9	Fri	4:32	8.9	4:55	8.3	10:45	1.5	11:02	1.4	7:12	4:29	
10	Sat	5:22	8.8	5:49	8.0	11:39	1.5	11:52	1.6	7:12	4:30	
11	Sun	6:13	8.8	6:45	7.9			12:34	1.5	7:11	4:31	
12	Mon	7:04	9.0	7:40	8.0	12:44	1.7	1:28	1.3	7:11	4:32	
13	Tue	7:55	9.2	8:33	8.2	1:36	1.6	2:20	0.9	7:11	4:33	
14	Wed	8:44	9.6	9:21	8.6	2:27	1.3	3:08	0.5	7:10	4:34	
15	Thu	9:30	10.0	10:05	9.0	3:15	1.0	3:54	-0.1	7:10	4:35	
16	Fri	10:14	10.5	10:48	9.4	4:02	0.5	4:38	-0.6	7:09	4:36	
17	Sat	10:58	10.9	11:32	9.8	4:47	0.1	5:22	-1.0	7:09	4:38	
18	Sun	11:44	11.1			5:34	-0.3	6:07	-1.2	7:08	4:39	
19	Mon	12:17	10.2	12:31	11.2	6:22	-0.6	6:53	-1.4	7:08	4:40	
20	Tue	1:03	10.5	1:20	11.1	7:11	-0.8	7:40	-1.3	7:07	4:41	
21	Wed	1:51	10.7	2:11	10.8	8:02	-0.8	8:29	-1.1	7:07	4:42	
22	Thu	2:42	10.7	3:06	10.3	8:56	-0.7	9:21	-0.7	7:06	4:44	
23	Fri	3:36	10.6	4:04	9.8	9:54	-0.4	10:16	-0.2	7:05	4:45	
24	Sat	4:34	10.5	5:07	9.3	10:56	-0.2	11:15	0.2	7:04	4:46	
25	Sun	5:34	10.3	6:12	9.0	11:59	0.0			7:04	4:47	
26	Mon	6:36	10.2	7:18	8.8	12:16	0.5	1:03	0.1	7:03	4:49	
27	Tue	7:40	10.2	8:24	8.9	1:18	0.6	2:07	0.0	7:02	4:50	
28	Wed	8:40	10.3	9:22	9.1	2:19	0.6	3:06	-0.2	7:01	4:51	
29	Thu	9:35	10.4	10:13	9.3	3:16	0.5	3:58	-0.4	7:00	4:53	
30	Fri	10:23	10.5	10:58	9.4	4:07	0.3	4:44	-0.5	6:59	4:54	
31	Sat	11:08	10.5	11:41	9.5	4:54	0.2	5:27	-0.5	6:58	4:55	